WINNIPEG CTC REWS WORTH SHARING.







Mayor Katz's right-hand man resigns

'Pressure' cited. CAO Phil Sheegl leaves post on eve of fire hall audit



Only days before the release of an audit of Winnipeg's fire halls, Mayor Sam Katz's righthand man and personal friend Phil Sheegl resigned from his post as chief administrative officer.

The surprise announcement came Thursday morning in a press release sent out after a special meeting of the executive policy committee, said Katz, adding the committee unanimously accepted Shee-

gl's resignation.

Why he's leaving was less clear, with the mayor saying Sheegl has "reasons for why he's doing it."

"It's a very difficult job obviously; it's not easy running the city," Katz told reporters during a hastily-called press conference on Thursday.

"On top of that, regardless of what happens in the end, you're always responsible. The buck stops somewhere."

Katz said he didn't think Sheegl's resignation had to do with the audit itself but recognized the "pressure" surrounding it could have been a factor.

In a letter to city employees, Sheegl listed items to be "collectively proud of" since his appointment in May 2011, such as the Disraeli Bridges

Poplacoment

Deepak Joshi, the city's chief operating officer, will pick up Sheegl's duties until council names an interim CAO. Katz said the search for a replacement will be done "as quickly as possible."

Project, the Chief Peguis Trail extension and the first stage of rapid transit.

He also made reference to the fire halls controversy.

Katz's close relationship with Sheegl has been the subject of criticism, especially when reports surfaced in 2012 that Katz bought a dormant company based in Phoenix, Ariz., from Sheegl.



Phil Sheegl, left, photographed during a light-hearted moment at the Feb. 27 city council meeting, has resigned as Winnipeg's chief administrative officer. BERNICE PONTANILLA/METRO



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Rape victim tells her horrific tale

Second World War.

Museum CEO says the story of comfort women has been 'concealed in secrecy'



The plight of women used as sex slaves by Japanese troops during the Second World War occupation of The Philippines was shared in Winnipeg on Thursday through the emotional testimony of a survivor.

Lola Fidencia David was only 14 years old in 1942 when she was captured and raped by soldiers, who also raped her grandmother and, in front of the teen, executed her. "I want wars to stop because the women are usually victimized ... I don't want wars anymore, I want peace," said Fidencia David, who was often overcome with sadness as she recounted those horrific events through a translator.

"I'm asking you to help us find redress, our ranks have thinned, many of the other comfort women have passed away and we still haven't received the formal apology and the compensation that we are really fighting for."

Fidencia David, whose visit to Canada was organized by the Canadian Museum for Human Rights, is one of about 25 remaining comfort women in The Philippines.

Therapist Cristina Lope Rosello has treated about 46 Filipina comfort women over her career, including Fidencia David, whom she accompanied on the trip.

"It's pretty known in The Philippines, but our government is indifferent and there's not very much appreciation in our youth because it's not really emphasized," said Lope Rosello, who authored the book Disconnect: The Filipino Comfort Women.

Stuart Murray, president and CEO of the museum, said the story of the Second World War's comfort women was, for too long, "concealed in secrecy."

"For about 50 years in fact, it was not until the 1990s that the public began to hear about this human rights tragedy," said Murray.

The stories of the "comfort women" of the Second World War will form part of the museum's "Breaking the Silence" gallery.

Looming fire hall audits. Councillor had motion to put out former CAO

A city councillor is concerned about the quality of information council will receive on the fire halls audit now that two key players have left city hall.

Coun. Paula Havixbeck said the resignation of CAO Phil Sheegl and the dismissal of fire chief Reid Douglas in September cast a pall over next week's release of the fire halls audit.

"We need people here to answer during that council meeting, during that EPC meeting. There's going to be a lot of questions," said Havixbeck on Thursday.

Havixbeck said the audit "must be really bad" if Sheegl is resigning before its release.

Coun. Ross Eadie (Mynarski) said he planned on tabling a motion during next Wednesday's city council meeting calling for the Sheegl's dismissal.

Sheegl, Eadie added, may have chosen to resign instead of facing what essentially was a confidence vote.

"I'm really sure that I did have the votes for that mo-

Quoted

"We need people here to answer during that council meeting, during that EPC meeting. There's going to be a lot of questions."

Paula Havixbeck, Winnipeg city councillor

tion to go through," he told Metro.

Eadie said Sheegl had lost the confidence of the public and city council, even among members of executive policy committee, referred to as the mayor's cabinet.

Asked if she would have voted to fire Sheegl had Eadie's motion come forward, Havixbeck said she wasn't sure.

Havixbeck said she's unaware of what Sheegl's resignation package may include, however, if any mismanagement is discovered through the audit, she believes no buyouts should be given.

BERNICE PONTANILLA/METRO







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metr⊕ **NEWS** metronews.ca WEEKEND, October 18-20, 2013

Fun with science.

Research centre opens hands-on lab for students

Students can now learn about science and research firsthand at a new biomedical laboratory at the St. Boniface Hospital Health Research Centre (SBHRC), which opened Thursday.

The Youth BIOLab is a

3,000-square-foot fully functioning research laboratory that will allow students and teachers to get hands-on experience using real laboratory equipment.

"We're trying to connect

the things that Manitoba students learn in classrooms to the daily work we do here," said Stephen Jones, SBHRC's teacher liaison. "We're trying to give students a sense of how scientists really do their job."

The province picked up half of the lab's \$900,000 tab, and Premier Greg Selinger said he hopes the facility encourages young people to pursue a career in science and medicine.

SHANE GIBSON/METRO



Protesting for Elsipogtog

Traffic was tied up and a Canadian flag was reportedly burned after about 40 protesters blocked Portage and Main before heading to RCMP headquarters Thursday. The peaceful protest was in solidarity with Elsipogtog First Nation in New Brunswick after violence broke out there Thursday morning. BERNICE PONTANILLA/METRO

Inquest

Sinclair was in distress: Witness

A man who tried to help a fellow patient who languished for 34 hours in a hospital emergency room before he was found dead says Brian Sinclair was obviously in distress.

Dennis Grant was in the waiting area at Winnipeg's Health Sciences Centre on the afternoon of Sept. 20, 2008 - 24 hours after Sinclair first arrived in the ER. Grant told an inquest into Sinclair's death that the double-amputee was sitting beside him and his family when he started vomiting. THE CANADIAN PRESS

Zoo aims to set new standard for exhibits

Journey to Churchill.

There's no polar bear exhibit like this in the world, savs director



SHANE **GIBSON**

Now less than a year away from an expected opening date, officials from the Assiniboine Park Zoo led local media on a tour of the still-under-construction Journey to Churchill exhibit on Thursday.

With construction workers busy behind him, Assiniboine Park Conservancy's COO Don Peterkin said if all goes well - and the weather stays nice — the new 10-acre exhibit home for polar bears, musk ox, caribou, Arctic fox, and snowy owls will be ready to open by next June.

We're working as hard as we can, and as long hours as we can," he said. "But if we get a long winter we're going to be really sweating it out

until spring."

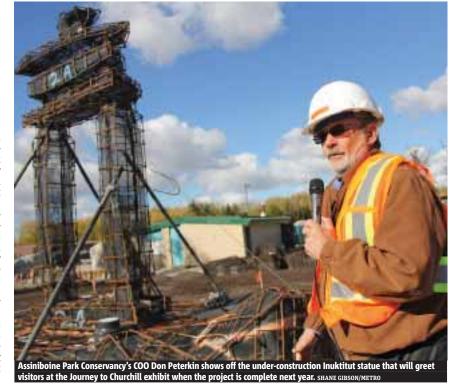
The exhibit has come a long way since media got their last sneak peak last fall.

Cement has been poured for the three polar bear enclosures and the underwater

10-acre exhibit home

"It's going to be the most stimulating environment polar bears have ever had."

Brian Joseph, director of zoological



tunnel that will allow visitors to see the animals swimming under ice.

The model of the Town of Churchill is all but finished, and the domed Aurora Borealis Theatre with its 360-degree screen is taking shape.

'There is no polar bear facility like this anywhere in the world," said Brian Joseph, director of zoological operations, adding the size and amenities included in the enclosures sets a new standard for northern species exhibits.





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metr⊕ 06 **NEWS** metronews.ca WEEKEND, October 18-20, 2013

High Five! As Environment Canada predicts snow on the weekend (NOOO!) and many of us finally caved and turned on the heat this week, here are five things to look forward to:

ELISHA DACEY

Festivals

I know, I know, this is an old standby, but it's true. No one showcases winter's awesomeness like Manitoba, and we do this through awesome festivals, the biggest being Festival du Voyageur. Beards! Snow carving! Beer! Maple syrup! It's fun, honest.



Spring Spring is only five months away!

The lights

The province of 'Spirited Energy' (a.k.a. the worst slogan ever) does put its hydroelectric power to good esthetic use in the winter, with Christmas lights in downtown Winnipeg, the Island of Lights in Portage la Prairie and the Winter Wonderland exhibit at the Red River Ex grounds, to name a few.



The **Olympics**

At least this winter we'll have the Winter Olympics in Sochi, Řussia, to look forward to. Getting angry over the flagrant human rights abuses and the corruption surrounding the Games next February is sure to keep you warm. Also, did you know the average temperature in Sochi in February is 8 C? Pretend you're there.











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metronews.ca
WEEKEND, October 18-20, 2013

'All hell broke loose' in New Brunswick shale gas protest

Rising tensions.

RCMP say 40 people arrested after cop cars were set ablaze, Molotov cocktails thrown

The RCMP say dozens of people were arrested Thursday after Molotov cocktails were thrown at officers and police vehicles torched when they began enforcing an injunction to end an ongoing demonstration against shale gas exploration in eastern New Brunswick.

Const. Jullie Rogers-Marsh said at least five RCMP vehicles were destroyed after they were set ablaze and at least one shot was fired by someone other than a police officer at the site of the protest in Rexton.

"The RCMP has worked diligently with all parties involved in hopes for a peaceful resolu-

Quoted

"We strongly remind the RCMP that ... their role is not to take sides in disputes but to maintain peace."

Liberal Opposition Leader Brian Gallant, in a statement urging the sides to resume talks to try to end the dispute.

tion. Those efforts have not been successful," Rogers-Marsh said. "Tensions were rising and serious criminal acts were and are being committed."

The Mounties said at least 40 people were arrested for firearms offences, threats, intimidation, mischief and violating the court-ordered injunction.

The RCMP began enforcing the injunction at around 7:30 a.m. to end the blockade of a compound where energy company SWN Resources stores exploration equipment.

The protesters, who include members of the Elsipogtog First Nation, want SWN Resources to stop seismic testing and leave the province.

Robert Levi, a councillor with the Elsipogtog, said he went to the protest site early Thursday after hearing the RCMP had moved in to begin enforcing the injunction.

Levi said police peppersprayed dozens of people after 9:30 a.m. when he arrived with the chief and council.

"They sprayed the crowd that was there," he said in an interview. "The chief was manhandled a little bit and all hell broke loose."

THE CANADIAN PRESS



A burnt police vehicle is seen in Rexton, N.B., after police began enforcing an injunction to end an ongoing demonstration against shale gas exploration in eastern New Brunswick on Thursday. Police say at least five RCMP vehicles were destroyed after they were set ablaze and at least one shot was fired by someone other than a police officer at the site of the protest.





Ottawa moves to suspend scandal-tainted senators

liamentary session, appeared

aimed at quelling some of the

raging Senate controversy that

has engulfed the government

nalled they won't let up on

their relentless attacks on the

will be voted on next week,

say the suspensions are neces-

sary to "protect the dignity

and reputation of the Senate

But opposition parties sig-

The Senate motions, which

for almost a full year.

government's ethics.

Expenses. Duffy, Wallin and Brazeau could be stripped of pay, benefits

The Harper government moved Thursday to cauterize the bleeding from the evermushrooming Senate expenses scandal.

Claude Carignan, the government's leader in the Senate, introduced motions to suspend Mike Duffy, Pamela Wallin and Patrick Brazeau, three of four senators at the heart of the scandal. The motions would strip the trio of their pay, benefits and Senate resources.

News of the motions came just before government whip John Duncan announced in the House of Commons that Conservative MPs and senators will begin voluntarily disclosing greater details of their ex-

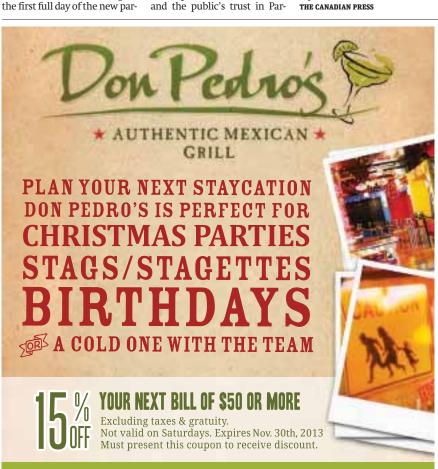
The twin moves, coming on the first full day of the new par-



Sen. Mike Duffy pre-empted his possible suspension by announcing earlier Thursday that he's taking medical leave due heart problems.

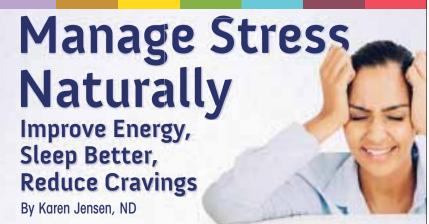
liament" and refer to the senators' "gross negligence in the management" of parliamentary resources.

THE CANADIAN PRESS



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WEEKEND, October 18-20, 2013



Paris students protest

France. Students tried to march to the Interior Ministry, but were blocked by riot police

Several hundred French teenagers erected barricades outside their schools and marched through Paris on Thursday to protest the police expulsions of immigrant families — including some of their classmates.

Police sprayed tear gas at a few students throwing projectiles but most marched peacefully, some climbing on bus shelters to shout demands for the interior minister's resignation.

Anger erupted this week over the treatment of a 15-year-old Kosovar girl who was detained in front of classmates on a field trip. The government says her eight-member family had been denied asylum and was no longer allowed to stay in France.

Such expulsions occur regularly around France as the government tries to limit illegal immigration. But the treatment of the girl touched a nerve, with critics saying police went too far and betrayed France's image as a champion of human rights.

The students, saying the expulsions are unfair to children, hope to pressure France's Socialist-led government to allow the girl and a recently expelled Armenian boy to return to France.

The Kosovar girl, Leonarda Dibrani, told The Associated Press from the northern Kosovo city of Mitrovica that France is her home and she wants to return.

THE ASSOCIATED PRESS

Israel. Hezbollah captures endangered eagle, claims espionage

Israeli eagles dangerously endangered by pesticides, electrical wires and poachers now apparently face a new threat: Lebanese Hezbollah guerrillas.

Hezbollah's Al-Manar website recently boasted of capturing an eagle that carried an Israel-labelled transmission device on its back and claimed the bird was an Israelispy. It said hunters in central Lebanon shot down the bird and found devices on it as well as a copper ring on its leg that reads "Israel" in English followed by letters that refer to

Tel Aviv University. The fate of the eagle remains unclear.

Israeli ornithologist Yossi Leshem said Thursday he was tracking the bird for research and was "incredibly frustrated" it was harmed. Leshem, a Tel Aviv university professor, has specialized in the Bonelli's Eagle for decades and said they are in great peril with just nine pairs of mating age remaining in Israel.

"The whole field of conservation is based on regional co-operation and not this nonsense," said Leshem.

THE ASSOCIATED PRESS

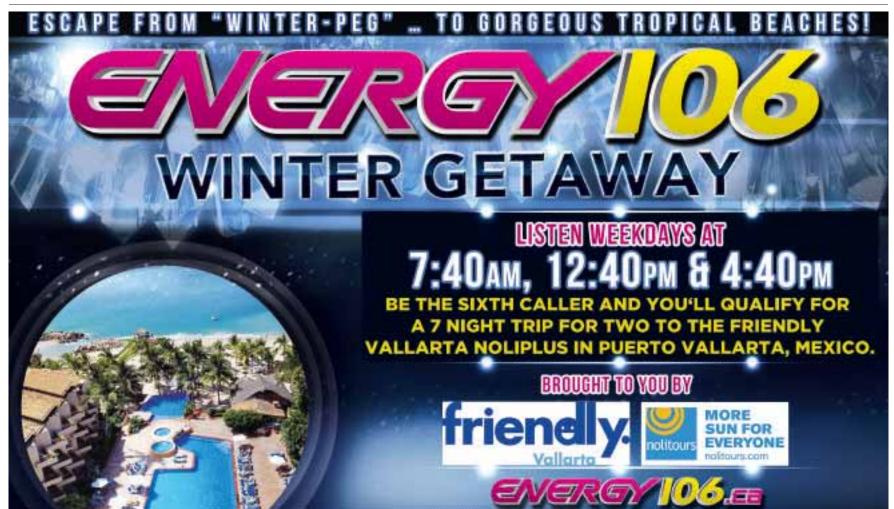
Ocean's 17

Spanish police arrest 17 suspects in jewelry heist

Spanish police have arrested 17 people for their role in stealing watches worth 23 million euros (\$32 million), resolving one of the country's biggest jewelry heists, police say.

A police statement Thursday said thieves used sophisticated laser equipment to break into a Madrid watch store in broad daylight last year without setting off alarms.

THE ASSOCIATED PRESS





metr⊕ metronews.ca WEEKEND, October 18-20, 2013

Abominable Snowman just an old bear's tale?

Scientist's findings.

DNA testing suggests elusive Yeti could be a polar bear hybrid roaming the Himalayas

A British scientist says he may have solved the mystery of the Abominable Snowman — the elusive ape-like creature of the Himalayas. He thinks it's a bear.

DNA analysis conducted by Oxford University genetics professor Bryan Sykes suggests the creature, also known as the Yeti, is the descendant of an ancient polar bear.

Sykes compared DNA from hair samples taken from two Himalayan animals — identified by local people as Yetis

The myth will not die

Professor Bryan Sykes' findings are unlikely to lay the myth of the Yeti to rest.

- The Yeti or Abominable Snowman is one of a number of legendary ape-like beasts — along with Sasquatch and Bigfoot - reputed to live in heavily forested or snowy mountains.
- Scientists are skeptical, but decades of eyewitness reports, blurry photos and stories have kept the leaend alive.

 to a database of animal genomes. He found they shared a genetic fingerprint with a polar bear jawbone found in the Norwegian Arctic that is at least 40,000 years old.

Sykes said Thursday that the tests showed the creatures were not related to modern Himalayan bears but were direct descendants of the prehistoric animal.

One of the samples he analyzed came from an alleged Yeti mummy in the Indian region of Ladakh, at the Western edge of the Himalayas, and was taken by a French mountaineer who was shown the corpse 40 years ago. The other was a single hair found a decade ago in Bhutan, 1,300 kilometres to the east.

Sykes said the fact the hair samples were found so far apart, and so recently, suggests the members of the species are still alive. THE ASSOCIATED PRESS



A British police officer talks to a Greenpeace protester dressed as a polar bear in London in this 2000 file photo. A British scientist believes the elusive ape-like creature known as the Yeti may be a descendant of an ancient polar





Air pollution triggers cancer, **WHO** confirms

Health. Main sources of pollution are widespread, including transportation, power plants, and industrial and agricultural emissions: Agency

What many commuters choking on smog have long suspected has finally been scientifically validated: Air pollution causes lung cancer.

The International Agency for Research on Cancer declared on Thursday that air pollution is a carcinogen. The decision came after a consultation by an expert panel organized by IARC, the cancer agency of



the World Health Organization, which is based in Lyon, France.

confirmed on Thursday that air pollution is a carcinogen.

The air most people breathe has become polluted with a complicated mixture of cancer-causing substances,' said Kurt Straif, head of the IARC department that evaluates carcinogens. He said the considers pollution agency "the most important to be environmental carcinogen," ahead of second-hand cigarette smoke. THE ASSOCIATED PRESS

Tourism

Vatican official fears pollution will limit access to Sistine Chapel

The head of the Vatican Museums warned Thursday he might be forced to limit the number of visitors to the Sistine Chapel if its new air conditioning and air purification systems don't significantly reduce "dangerous" pollution levels.

Antonio Paolucci told a conference that he was confident the new system, which is expected to be operational at the end of 2014, would curb the dust, humidity and carbon dioxide that are dulling and discolouring Michelangelo's frescoed masterpiece.

But he warned: "If this project doesn't work, I'll be forced to impose a limited number (of visitors).

Some 5.5 million people are expected to visit the Vatican Museums this year. During high season some 20,000 people a day enter the intimate Sistine Chapel. THE ASSOCIATED PRESS

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metronews.ca WEEKEND, October 18-20, 2013

Wages flat, costs up. Many Brits working, but still struggling to get by

Having a job no longer offers a sure route out of poverty in Britain, with the working poor crushed by rising costs and stagnant wages, a first-of-itskind report from the government said Thursday.

The Social Mobility and Child Poverty Commission report concluded that the government must do more to help low-paid workers. While government policies have traditionally focused on helping welfare recipients get work, the missing piece of the "policy jigsaw" is how to help people who are working but not economic-

ally stable, said Alan Milburn the commission's chair.

"These are the people that heed the urgings of politicians of all hues to do the right thing, to stand on their own two feet, to strive not shirk," Milburn said. "Yet all too often the working poor are the forgotten people of Britain. They desperately need a new deal."

The report concludes that 4.8 million workers, often women, earn less than a living wage. Young people have been especially hard hit by deteriorating economic conditions.

THE ASSOCIATED PRESS

Market Minute



Natural gas: \$3.76 US (-0.02¢) **Dow Jones:** 15,371.65 (-2.18)





GOLD \$1,323 US (+ \$40.70)

Harper heads to Europe to ink free-trade deal



Say cheese. Prime Minister Stephen Harper departs for Europe with International Trade Minister Ed Fast on Thursday. As part of the free-trade deal, the EU quota on cheese exports to Canada will double. ADRIAN WYLD/THE CANADIAN PRESS

Food bonds nations.

Strengthened ties mean Canadians will get access to more EU cheese, while our Euro brethren can nosh on more Canuck beef and pork

Canadian Prime Minister Stephen Harper headed to Brussels on Thursday to conclude a free trade deal with the European Union, as Canada seeks to diversify its trade away from the United States.

EU trade spokesman John Clancy said in an email that the European Union and Canada hope to conclude the free trade deal in the "coming days."

Harper posted on his official Twitter account that Canada will "soon" complete negotiations. His office said he will meet with the president of the European Commission, Jose Manuel Barroso.

Crisis averted

One thorny issue surrounding the deal was overcome Thursday when Canada announced it would lift visa requirements for Czech nationals.

Yves Leduc, director of international trade for the Dairy Farmers of Canada, said he's been told by a Canadian government official that an agreement in principle has been reached and that the European Union's 28 members and Canada's 10 provinces have to approve it.

Canada has agreed to permit a doubling of the EU quota on cheese exports to Canada in exchange for greater access for Canadian beef and pork producers. Leduc said Canada's cheese industry is angry because it threatens the fine cheese market in Canada.

THE ASSOCIATED PRESS



Working out bugs

Windows 8.1 aims to please

Microsoft released its long-awaited Windows 8.1 upgrade as a free download Thursday. It addresses some of the gripes people have had with Windows 8.

THE ASSOCIATED PRESS

Détente for five years

Samsung attempts to avoid patent fine

Samsung Electronics Co. has offered not to launch any patent lawsuits over key mobile telephone technology in Europe for the coming five years, in hopes of avoiding a fine. THE ASSOCIATED PRESS

An Impossible Success

Former Nokia CEO recalls triumphs, defeats in memoir

Former Nokia CEO Jorma Ollila, who steered the Finnish company to become the world's biggest maker of cellphones, has conceded that several mistakes were made during his tenure, including a failure to predict changing customers' needs and developing new software.

In his memoir, which translates from the Finnish as An Impossible Success, Ollila says Nokia was unable to sustain its leading role because of tough competition.

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metr⊕ **VOICES** metronews.ca WEEKEND, October 18-20, 2013

ORR YOU COULD JUST BUY THE BOOK

Bobby Orr. In his new memoir, Orr, My Story, 1 Bobby Urr. In his new memon, Orr, and State (it should have been called 'My St-ORR-y') the Boston Bruins Hall-of-Famer from Parry Sound, Ont., takes us inside what it was like to learn the game on the open ice of Georgian Bay, and about how to make hockey "fun" again for kids. One Orrstory you won't hear in the book but I've heard a million times: My father-in-law lived on the same street as Orr when he played with the Oshawa Generals.

Tina & Amy. In an awesome coup, NBC locked in Tina Fey and Amy Poehler to be Golden Globe hosts for 2014 and 2015. Their 2013 cohosting landed superlative reviews - and 19.7 million total viewers, a six-year high for the awards show. If I were NBC, I would have locked them in for 10 more years. But perhaps audiences are a little too

fickle for that. A world-famous double double. A new survey of 70,000 consumers in 15 countries reveals that Disney is the world's most beloved brand, finishing ahead of others in the Top 10 like Yahoo, Google, Sony, Netflix, Whole Foods and Apple. Canada's iconic

Tim Hortons finished No. 61 on the list, a sure sign it's becoming world famous. Someday, we'll be sipping double-doubles on Mars. Sarah Richardson. Canada's superstar designer, whose latest TV show Real Potential launched last month on HGTV Can-



Neil Morton

metronews.ca

really good decor advice, tweet her. If you want really bad decor advice, tweet me. Movember. It's that time of year again to get **Movember.** It's that time or year again to get creative and grow a mo for Movember, which raises so much money and awareness to combat prostate and testicular cancer and mental health challenges. Think about registering yourself as

ada, finally joined Twitter, tweeting on Thanks-

giving: "It's official. I've joined the twitterverse!"

You can follow her @SarahR_Design. If you want

com. I grew a mo for the first time last year, and will be working on a new one for this year! Facebook friend for iPhone. I love the creativ-6 Facebook irriend for irribute. Hove the creation ity in many Kijiji listings, and one of my faves

an individual or as part of a team at movember.

was this recent Peterborough, Ont., listing: "Wanted: Who has an iPhone they want to give me as a gift?" In return, the person offered to make a hat—yes, make a hat—and become a friend on Facebook. If they throw in a Twitter follow too, I'd consider.

BlackBerry. The troubled smartphone maker released an open letter: You Can Continue To Count On BlackBerry ad campaign to its customers this week appealing for them to stick with the company through this tumultuous time of restructuring. Now I plan on sticking with them for now, right up until the last BBM contact I have is myself.

Twitter DM. Twitter has began pushing out a feature update that lets you (if you check off the box) receive direct messages from any of your followers, regardless of whether you follow them or not. This private functionality is another step in Twitter becoming your new email inbox. Yes, more and more people, particularly tweens and teens, don't use traditional email.

☐ Fifty Shades of Grey Vancouver. No I'm not talking about the weather. If you see more people reading Fifty Shades of Grey all of a sudden in Vancouver, maybe it's because the movie adaptation begins filming there early next month — Nov. 5 to be exact. If you spot any actors, Instagram them under the caption Before They Were Famous.

10 Drinkify. A neat website called drinkify.org tells you exactly what you should drink while listening to a specific artist. Should you be rocking out to, say, Kings of Leon at your next dinner party, type that band in on the site and Drinkify recommends "6 oz. Kirsch. Serve on rocks. Stir vigorously." If you're listening to John Tesh, well then ... sorry, I'm not typing that in for

Piers Morgan. The outspoken host of the CNN show Piers Morgan Live has a new book out where he takes us

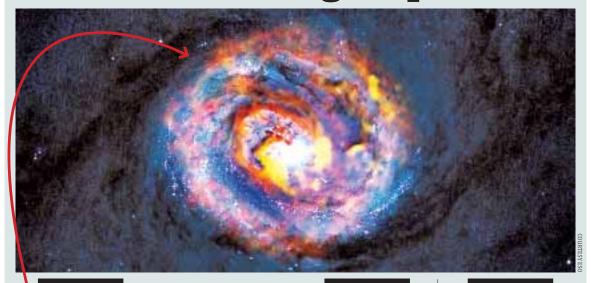
behind the scenes of the drama of anchoring a nightly news show. If he thinks that's stressful, imagine being me doing weekly segments on local radio.

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ZOOM

Black hole's hunger spirals



What does it matter? It devours everything

Black holes are capable of mass consumption as this incredible image captured by a highpowered telescope proves.

The images were taken by the European Southern Observatory using the Atacama Large Millimeter/submillimeter Array — the world's largest ground-based telescope. METRO



Swallowed up in the Milky Way?

The PKS 1830-211(pictured left) is referred to as an "active" black hole in a very distant galaxy (NGC 1433). In fact, there are super-massive black holes at the hearts of almost all galaxies in the universe, including our own galaxy, the Milky Way. These objects are capable of swallowing vast quantities of

Leaving a gassy trail behind

"ALMA has revealed a surprising spiral structure in the molecular gas close to the centre of NGC 1433," says Françoise Combes (Observatoire de Paris). "This explains how the material fuels the black hole. The jet of material flowing away from the black hole, extending for 150 lightyears, is the smallest outflow in an external galaxy." METRO



If you're reading this, chances are you're sitting on transit on your way to work to sit at a desk. While we've now been warned of the perils of staying sedentary, there's sometimes not much we can do about

it — or wasn't much we could do about it. These apps let you keep your practice on your smartphone. Or desk. Or bus. Namaste.

Pocket Yoga:

Available for iPhone and Android. Pocket Yoga lets you create your own flow with customized music, photos and instructor's voice. (\$2.99)

Yoga Studio:

Take your practice on the go. Yoga Studio offers videos and more than 250 poses, from beginner to advanced, for \$2.99, iPhone only.

@metropicks asked: A couple near Saskatoon invited artists to live with them rent-free. What type of profession would you invite? Journalists?

@Canucklehead_ca: Maid, reflexologist, chef (both pasty and sous,) nanny, masseuse, handyman, bartender, another nanny, & cat whis-

@WTarcisio: Journalists are ever

welcome in my house. Could live peacefully without paying and still I would become news.

@H_Dhillon: I wouldn't mind having a professional chef at home.

@serpentina66: Musician

@jemilyclark: Hands down, gotta go with Molly Maid. #scrubthetub

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SCENE 17

Synopsis

The newest adaptation of Stephen King's 1974 novel stars Chloë Grace Moretz as high school outcast Carrie White, a lonely girl teased by classmates and abused by her deeply religious mother (Julianne Moore). Despite the best efforts of gym teacher Miss Desjardin (Judy Greer) to help Carrie fit in, a clique of mean girls led by Chris (Portia Doubleday) make it their mission to ensure that Carrie has a rough time at school. After being humiliated at her senior prom — pig's blood will really ruin a taffeta dress, apparently — she unleashes a terrible telekinetic vengeance on those who wronged her.

- Richard: ••••
- Mark: ••••

Reel Guys

RICHARD

CROUSE AND MARK BRESLIN



Wary of another Carrie

Weak remake. There's really no reason to toy with a classic — even if the cast includes Chloë Grace Moretz and Julianne Moore

Richard: Mark, people have been asking me about this movie for months. But they haven't been asking, "Is it good?" They've been asking me why anyone would remake the 1976 classic. After seeing it, I'm not sure. The new version is a perfectly serviceable adaptation of Stephen King's famous book but it doesn't have the vulnerability or frailty that made Sissy Spacek so memorable in the

title role. First off, what did you think of Chloë Grace Moretz?

Mark: Richard, she's the strongest thing in the movie. Although no one can compare to Sissy Spacek, she did an admirable job. The question isn't whether this is a good film; it's whether this is a necessary film. When I heard Kimberly Pierce would be directing this remake, I hoped she would bring some kind of post-feminist twist to it. But no, she didn't direct the remake; she just coloured within the lines.

RC: Agreed, but there are some good moments within those lines. There is a sweetness to Carrie, particularly in the prom scenes

(pre-pig's blood) that makes the anticipation of what is to come all the more tense. I liked Julianne Moore's head thumping self-punishment scenes. It works in those moments, but there's too much CGI — the floating books are silly — and since when can Carrie fly?

MB: She can now! It's just another example how everything in the movie is less subtle than in the Brian De Palma version. The themes of religious and sexual repression — so shocking in 1976 — seem overcooked now. But let's pretend we know nothing of the original. Does the movie work? Sure, to an extent. The performances are good, the last third is exciting and full of blood and revenge,

but it still feels a bit superficial and detached. None of my fingernails were harmed in the viewing of this production.

RC: Mine either, although a mother and daughter knife battle made me shift to the front of my seat mostly because it felt more organic and less computer generated than some of the other displays of Carrie's mad telekinetic skills. It felt dangerous in a way that the rest of the violence didn't.

MB: And Julianne Moore does crazy very well, doesn't she? Still, the script gave her some passages so clunky that even real-life maniac mamas would have demanded another draft.

d. None of re harmed his productalthough a hter knife hift to the mostly bearganic and erated than er displays telekinetic erous in a of the vione Moore ell, doesn't ot gave her dunky that iac mamas anded an-



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The man behind the Jason mask

Kane Hodder. After a burn accident early in life, actor and stuntman tries to help other burn victims

SCOTT KEARNAN

Metro World News in Boston

Attention, Friday the 13th film fans: Jason Voorhees has a heart. (And we don't mean the one impaled on his machete.) As the famous horror franchise's hockey-masked killer and uber-'80s icon, stuntman and actor Kane Hodder has claimed a lot of nubile, teenage victims. But off-camera, the scary movie star is more interested in helping survivors.

Early in his stunt career, Hodder received nearly fatal burns over 50 per cent of his body. So today he raises funds for burn survivors through the "I Helped Kane" program of Scares That Care (scaresthatcare.org), a nonprofit that mobilizes the horror flick community. And whenever the movie convention regular visits a major city, he visits hospital burn units to offer support and understanding to survivors, including the inevitably encountered super-fan of his frightening alter ego.

We grabbed a few minutes with the Crystal Lake killer to talk about the films, fire stunts and why his sons are chips off the Friday chopping block.

Why do you make a point of visiting hospitals when you're touring?

I was seriously burned 35 years ago. It's an injury



where, unless you've been through it, you really have no idea what it's like. Sometimes you get so down and negative in the burn unit; talking to someone who has been there can really help. I was visited myself by a stuntman, Chuck Couch; he didn't know who I was. I had been in the business for barely six months. But it meant a lot. If I can ever help someone like that, I want to I was in the hospital for over five months, and for the first four I wasn't in a burn unit. It's critical to be in a quality burn unit — and Mass General (Massachusetts General Hospital) has one of the best in the United States.

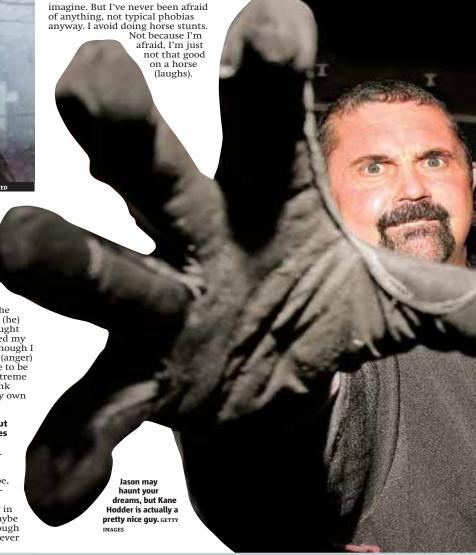
How did that delay impact your recovery?

Things got progressively worse, not better. I was in so much pain, I got a staph infection throughout the burn area, and the doctor told my family I might die. He was egotistical, and thought he could handle my situation. Many years later, after I realized he f— me over and made me suffer because he

was inept, I went to his office. I honestly wasn't sure what I was going to do when I got face to face with him. I probably could have beaten him to death; I had so much hatred for this guy. But he looked me in the eye and admitted that (he) had been wrong. It caught me off guard. It defused my anger. I walked out. Though I sometimes think that (anger) might be why I'm able to be so convincing with extreme violence on film. I think maybe I draw from my own past

Did the experience put you off of stunts? Does anything scare you?

It never dissuaded me. Maybe it was my ego, not wanting to be defeated by a certain type, but I ended up specializing in fire stunts. There's really nothing in life that scares me! Maybe because I've been through the worst hell I could ever



Enemies no more. Now that Arnie is his pal, Sly no longer walks Stallone

How sad. Two of the biggest musclemen of the '80s apparently never got to bond at the time over how much iron they could pump, because they loathed each other.

Sylvester Stallone revealed at the premiere of his new movie Escape Plan that he and his costar Arnold Schwarzenegger "really disliked each other intensely for 20 years," according to Page

What drove a wedge between two men who had so much in common (thick necks, incomprehensible accents)?

Sly implies it was professional rivalry — which may have been good for both of their careers.

"It goes to show you, a

"It goes to show you, a good enemy is hard to find. Eventually you sort of appreciate [them].

"Maybe the reason we were so competitive was it made us get to where we are?"

In any case, the two are apparently buds now, in a way that sounds indistinguishable from hatred.

Stallone says he "pranked" his costar by reporting him to NASA as a security threat so he'd get strip searched.

Aww!

Friendship, or something.
MELINDA TAUB/METRO WORLD NEWS



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SCENE 19



Want to be sensual? Use the power of now

Twelve Years a Slave. Actress Lupita Nyong'o took a page from James Baldwin's The

Fire Next Time to

help her with role



NED EHRBAR Metro World News in Hollywood

Lupita Nyong'o is hitting the ground running when it comes to her film career, making a startling and attention-grabbing debut as the mysterious, wildeyed Patsy in Twelve Years a Slave, a performance that's already earning a ton of awards speculation for the Nigerian actress.

There are worse ways to start a film career.

When you get a shot at a role like this in a film like this with a director like this, what's your first reaction?

When I auditioned for this role, I was just about to graduate from Yale. It was the first time that I was allowed to audition for professional things, and Twelve Years a Slave was the first audition I put on tape. After the audition it dawned on me — Brad Pitt is producing this film and Steve McQueen. ... It was

kind of like a slow realization of how major auditioning for this thing was, but it also felt completely improbable that I would get the role.

How do you approach material as intense and visceral as this?

It was about being present. Patsy in the script is described as being "effortlessly sensual." In the book, Solomon says that Patsy "had an air of loftiness that neither labour nor lash could rid her of." I was reading James Baldwin's The Fire Next Time, and I found this thing he says about sensuality. He says, "To be sensual, I think, is to rejoice in the force of life itself and to be present in everything that one does, from the effort of loving to the breaking of bread." And that was Patsy for me. That's what made her so sensual, the fact that she was present. And she's present because she has this volatile master. She never knows what he's going to require or inflict.

So that was the lesson I took going in. I just need to be there. The humiliation and the heartbreak that I've been living, experiencing, will reveal itself.

Why do you think it took so many non-Americans to give such an honest look at such a horrific part of American history? I don't think it was by de-

American mistory;
I don't think it was by design. I don't think Steve was like, "I don't twant any Americans!" I don't think that's the case. I don't think it's by design, but at the same time America is made of immigrants. The African-American slaves came from Africa, the white slave owners were Irish and German and English. So I don't think that highlighting our non-American-ness does the story any sort of favours or injustice. For me, as an actor, I feel like it is my job to portray things that are outside of myself; to truthfully believe in circumstances that are not my own. Otherwise my career will be very short, playing some middle-class Kenyan.

Quoted

"To be sensual, I think, is to rejoice in the force of life itself and to be present in everything that one does, from the effort of loving, to the breaking of bread."

Lupita Nyong'o quoting James Baldwin's The Fire Next Time on sensuality

Action



Escape Plan

Director. Mikael Hafstrom

Stars. Sylvester Stallone, Arnold Schwarzenegger

Feeling like an unearthed relic from the VHS era, the endearingly junky Escape Plan's selling point is a long-awaited pairing of two movie icons: We finally get to see Amy Ryan and Curtis "50 Cent" Jackson sharing scenes together. Oh, and it's also got Sylvester and Arnold. Cheerfully preposterous and proudly low-rent, director Mikael Hafstrom's meat-and-potatoes throw-back coasts on the chemistry of its co-stars. Escape Plan plays like comfort food for men of a certain age and temperament.

Drama/Biography



The Fifth Estate

Director. Bill Condon

Stars. Benedict Cumberbatch

• • • •

The Fifth Estate details the breathless years leading up to WikiLeaks's biggest leak — the release of the "Collateral Murder video" which showed Iraqi journalists killed by an AH-64 Apache helicopter. Wiki honcho Julian Assange (Benedict Cumberbatch) is one of the more controversial figures of recent history. Is he a journalist? A hacker with an antiestablishment ideology? Or a war criminal with blood on his hands? The movie presents all possibilities, but can't seem to decide on one point of view.



metr⊕ 20 **SCENE**

THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT. 18 TO THURS., OCT. 24 TIMES ARE SUBJECT TO CHANGE.

Cinema City McGillivray 2190 McGillivray Blvd.

Captain Phillips (14A) Fri 4:15-6:45-

7:15-9:45-10:20 Sat-Sun 1:15-3:45-

4:15-6:45-7:15-9:45-10:20 Carrie (14A) No Passes Fri 5:45-7:15-8:10-10:05-10:35 No Passes Sat-Sun 12:50-3:20-4:20-5:45-7:15-8:10-10:02-10:35 Cloudy With a Chance of Meatballs 2 (G) Sat-Sun 1:50 Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 4:30-6:50 Escape Plan (14A) Fri 4:35-7:30-10:25 Sat-Sun 1:45-4:35-7:30-10:25 The Fifth Estate (14A) No Passes Fri 4-7-10 No Passes Sat-Sun 1-4-7-10 Gravity (PG) Fri 7:45-10:35 Sat-Sun 5:05-7:50-10:40 Gravity 3D (PG) Fri 5:30-7:50-10:10 Sat-Sun 12:55-3:15-5:30-7:50-10:10 Lee Daniels' The Butler (14A) Fri 5 Sat 2-5 Sun 5 Prisoners (14A) Fri-Sun 9:55 RiffTrax Live: Night of the Living Dead (STC) Thu 7

The Right Kind of Wrong (14A) Fri-Sun 9:20 Runner Runner (14A) Fri-Sun

8-10:15 Rush (14A) Fri 3:55-7:05 Sat-Sun 1:05-3:55-7:05

Spartacus - Bolshoi Ballet (STC) Sun 12:55

Cinema City Northgate 1399 McPhillips Street

Elysium (14A) Fri 7:25-10 Sat-Sun 2-4:45-7:25-9:55 Mon-Thu 5:55-8:30 Monsters University (G) Sat-Sun 1:35 Monsters University 3D (G) Fri 7-9:45 Sat-Sun 4:10-6:50-9:30 Mon-Thu 5:20-7:50

The Mortal Instruments: City of Bones (PG) Fri 7:20-10:10 Sat-Sun 1:20-4:30-7:30-10:20 Mon-Thu 5-35-8-25

Pacific Rim (PG) Fri 9:15 Sat-Sun 6:50-9:50 Mon-Thu 7:40 R.S.V.P - Ronde Saare Viah Picho (G) Fri 7:05-10:05 Sat-Sun 1-4-7-10 Mon-Thu 5:25-8:15

Riddick (18A) Fri 7:15-9:55 Sat-Sun 1:40-4:40-7:35-10:15 Mon-Thu 5:25-8:05

The Smurfs 2 (G) Sat-Sun 2:10 The Smurfs 2 3D (G) Fri 7:10 Sat-Sun 4:45-7:10 Mon-Thu 5:45

Turbo (G) Fri 6:50 Sat-Sun 1:10-4 Mon-Thu 5:20 The Wolverine (14A) Sat-Sun 1:15

The Wolverine 3D (14A) Fri 7-10:15 Sat-Sun 4:15-7:15-10:05 Mon-Thu 5:30-8:20

The World's End (14A) Fri-Sun 9:45 Mon-Thu 8:10

Cinematheque 304-100 Arthur

Hannah Arendt (STC) Fri 9 Sun 7 No Films Showing Today (STC) Mon-Tue Thu Special Ed (STC) Fri-Sat 7 Sun 2

City Cinema - Northgate 1399 McPhillips

Elvsium (14A) Fri 7:25-10 Sat-Sun -4:45-7:25-9:55 Mon-Thu 5:55-8:30 Monsters University (G) Sat-Sun 1:35 Monsters University 3D (G) Fri 7-9:45 Sat-Sun 4:10-6:50-9:30 Mon Thu 5:20-7:50

The Mortal Instruments: City of Bones (PG) Fri 7:20-10:10 Sat-Sun 1:20-4:30-7:30-10:20 Mon-Thu 5:35-8:25



Pacific Rim (PG) Fri 9:15 Sat-Sun 6:50-9:50 Mon-Thu 7:40 R.S.V.P - Ronde Saare Viah Picho (G) Fri 7:05-10:05 Sat-Sun 1-4-7-10 Mon-Thu 5:25-8:15 Riddick (18A) Fri 7:15-9:55 Sat-Sun

1:40-4:40-7:35-10:15 Mon-Thu 5:25-8:05 The Smurfs 2 (G) Sat-Sun 2:10

The Smurfs 2 3D (G) Fri 7:10 Sat-Sun 4:45-7:10 Mon-Thu 5:45 Turbo (G) Fri 6:50 Sat-Sun 1:10-4

Mon-Thu 5:20 The Wolverine 3D (14A) Fri 7-10:15 Sat-Sun 4:15-7:15-10:05 Mon-Thu

5:30-8:20 The World's End (14A) Fri-Sun 9:45 Mon-Thu 8:10

Famous Players Kildonan Place 1555 Regent Ave W

Captain Phillips (14A) Fri 7:10-10:15 Sat-Sun 1:10-4:10-7:10-10:15 Mon-Thu 5:30-8:30

Carrie (14A) No Passes Fri 7:30-10 No Passes Sat-Sun 2:10-4:40-7:30-10 No Passes Mon-Thu 6-8:45 Cloudy With a Chance of Meatballs 2 (G) Sat-Sun 1:40 Mon-Thu 5:40 Cloudy With a Chance of Meatballs 2 3D (G) Fri 6:50-9:15 Sat-Sun 4:20-6:50-9:15 Mon-Thu 8

Gravity 3D (PG) Fri 7:20-9:45 Sat-Sun 1:50-4:30-7:20-9:45 Mon-Thu 5:50-8:10

Prisoners (14A) Fri-Sun 7-10:15 Mon-Thu 8:20

The Right Kind of Wrong (14A) Sat-Sun 1:30-4 Mon-Thu 6 We're the Millers (14A) Fri 7:40-10:10 Sat-Sun 2-4:50-7:40-10:10 Mon-Thu 5:45-8:40

Grant Park 8 Cinemas 1120 Grant Ave.

Captain Phillips (14A) Dolby Stereo Digital, No Passes Fri 3:30-6:50-10

Dolby Stereo Digital, No Passes Sat-Sun 12:30-3:30-6:50-10 Dolby Stereo Digital Mon-Thu 3:30-6:50-10 Carrie (14A) Dolby Stereo Digital. No Passes Fri 3:35-7:15-9:55 Dolby Stereo Digital, No Passes Sat-Sun 12:35-3:35-7:15-9:55 Dolby Stereo Digital, No Passes Mon-Thu 3:35-7:15-9:55

Cloudy With a Chance of Meatballs 2 (G) Dolby Stereo Digital Fri 6:55 Dolby Stereo Digital Sat-Sun 12:55-6:55 Dolby Stereo Digital Mon-Thu 6.55

Cloudy With a Chance of Meatballs 2 3D (G) Dolby Stereo Digital Fri-Thu 3:55-9:30

The Counselor (14A) Dolby Stereo Digital Thu 10

Escape Plan (14A) Dolby Stereo Digital Fri 3:40-6:45-9:25 Dolby Stereo Digital Sat-Sun 12:40-3:40-6:45-9:25 Dolby Stereo Digital Mon-Thu 3:40-6:45-9:25

The Fifth Estate (14A) Dolby Stereo Digital, No Passes Fri 4-7:05-10:05 Dolby Stereo Digital, No Passes Sat-Sun 1-4-7:05-10:05 Dolby Stereo Digital, No Passes Mon-Thu 4-7:05-10:05

Gravity (PG) Dolby Stereo Digital Fri-Thu 3:05

Gravity 3D (PG) Dolby Stereo Digital Fri 5:15-7:25-9:40 Dolby Stereo Digital Sat-Sun 12:45-5:15-7:25-9:40 Dolby Stereo Digital Mon-Thu 5:15-7:25-9:40

Jackass Presents: Bad Grandpa (STC) Dolby Stereo Digital Thu 9:50 Lee Daniels' The Butler (14A) Dolby Stereo Digital Fri 3:15-6:30-9:35 Dolby Stereo Digital Sat-Sun 12:15-3:15-6:30-9:35 Dolby Stereo Digital Mon-Wed 3:15-6:30-9:35 Dolby Stereo Digital Thu 3:15-6:30 The Right Kind of Wrong (14A) Dolby Stereo Digital Fri 7 Dolby Stereo Digital Sat-Sun 12:50-7 Dolby Stereo Digital Tue-Thu 7

Romeo and Juliet (STC) Dolby Stereo

Digital Fri-Wed 3:45-9:50 Dolby Stereo Digital Thu 3:45

Landmark Globe Cinema 393 Portage Ave

Captain Phillips (14A) Fri 6:50-9:40 Sat 1-3:50-6:50-9:40 Sun 1-3:50-7 Mon-Thu 7

The Counselor (14A) Thu 10 The Fifth Estate (14A) Fri 7:10-9:50 Sat-Sun 1:10-4-7:10-9:50 Mon-Thu 7:10-9:50

Parkland (PG) Fri 7:15-9:30 Sat-Sun 1:15-3:30-7:15-9:30 Mon-Wed

Landmark Towne Cinema 8 301 Notre Dame Avenue

Carrie (14A) Fri 7-9:30 Sat-Sun 1:30-3:45-7-9:30 Mon-Thu 7-9:30 Cloudy With a Chance of Meatballs 2 (G) Sat-Sun 3:30 Cloudy With a Chance of Meatballs 2

3D (G) Fri 7-9:15 Sat-Sun 1:15-7-9:15 Mon-Wed 7-9:15 Thu 7 Don Ion (18A) Fri-Thu 9:15

Escape Plan (14A) Fri 6:45-9:30 Sat-Sun 1-3:45-6:45-9:30 Mon-Thu 6:45-9:30 The Family (14A) Fri 6:45 Sat-Sun

1:15-3:45-6:45 Mon-Thu 6:45 Gravity (PG) Sat-Sun 3:45 Gravity 3D (PG) Fri 7:15-9:30 Sat-Sun 1:30-7:15-9:30 Mon-Thu 7:15-9:30

Insidious: Chapter 2 (14A) Fri 7-9:30 Sat-Sun 1:15-3:45-7-9:30 Mon-Thu 7-9:30

Jackass Presents: Bad Grandpa (STC) Thu 9:15

Machete Kills (18A) Fri 6:45-9:15 Sat-Sun 1-3:30-6:45-9:15 Mon-Thu 6:45-9:15

The Right Kind of Wrong (14A) Fri 7:15-9:30 Sat-Sun 1-3:30-7:15-9:30 Mon-Thu 7:15-9:30

SilverCity Polo Park 815 St. James Street

The Addams Family (STC) Sat 11 Captain Phillips (14A) Fri-Sat 1:25-4:30-7:35-10:40 Sun 1:15-4:20-7:25-10:25 Mon-Tue 1:25-4:25-7:25-10:30 Wed 4:25-7:25-10:30 Thu 1:25-4:25-7:25-10:30 Star & Strollers Screening Wed 1

Carrie (14A) No Passes Fri 2:25-5:10-8:10-10:40 No Passes Sat 11:20-12:40-3:10-5:40-8:10-10:40 No Passes Sun 12:30-3-5:30-8-10:30 No Passes Mon-Thu 2:20-5-7:40-10:10 Cloudy With a Chance of Meatballs 2 (G) Fri 2:45 Sat 11:05-12:30 Sun 12:30 Mon-Thu 2:10

Cloudy With a Chance of Meatballs 2 3D (G) Fri 5:15-7:40-10:10 Sat-Sun 2:50-5:15-7:40-10:10 Mon-Thu 4:40-7:05-9:30

The Counselor (14A) No Passes Thu 10

Despicable Me 2 (G) Fri 1:30 Sat 10:55-1:20 Sun 1:20 Mon-Thu 1:25 Don Jon (18A) Fri 5:35-7:55-10:15 Sat-Sun 3:15-5:35-7:55-10:15 Mon-Wed 5:35-7:55-10:15 Thu 4:45-7:05

Enough Said (PG) Fri 1:50-4:20-6:50-9:15 Sat 11:25-1:50-4:20-6:50-9:15 Sun-Thu 1:50-4:20-6:50-9:15 Escape Plan (14A) Fri 2-4:50-7:40-10:30 Sat 12:05-3 Sun 1:35 Mon 7:20

Tue 2-4:50-7:35-10:15 Wed 7:35 Thu 2-4:50-7:35-10:15 Sat-Sun 4:50-7:40-10:30 Mon 1:30-4:10-10:30 Wed 1-3-50-10-15

The Fifth Estate (14A) No Passes Fri 1:30-4:20-7:20-10:20 No Passes Sat-Sun 1:20-4:20-7:20-10:20 No Passes Mon-Tue 1:30-4:20-7:20-10:20 No Passes Wed 4:20-7:20-10:20 No Passes Thu 1:30-4:20-7:20-10:20 Star & Strollers Screening, No Passes

Funny Girl (STC) Mon 7 Gravity 3D (PG) Fri 2:50-5:10-7:30-

9:50 Sat-Sun 12:30-2:50-5:10-7:30-9:50 Mon-Thu 2:15-4:35-7:30-9:50 Gravity: An IMAX 3D Experience (PG) Fri 1:25-3:40-5:50-8:05-10:30 Sat 11-1:10-3:30-5:50-8:05-10:30 Sun 1:10-3:30-5:50-8:05-10:30 Mon-Thu 1:30-3:40-5:50-8:10-10:30 Insidious: Chapter 2 (14A) Fri-Thu 2:35-5:10-7:45-10:25 Jackass Presents: Bad Grandpa (STC) Thu 9:30

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Machete Kills (18A) Fri-Sat 2:25-5:20-8:10-10:50 Sun 1:50-4:35-7:25-10:10 Mon 2:05-4:45-10:10 Tue-Thu 2:05-4:45-7:35-10:10 National Theater Live: MacBeth Encore (STC) Sat 12:30 Wed 6:45 Prisoners (14A) Fri-Sun 3:45-7:05 10:20 Mon-Tue 3:50-7:05-10:20 Wed

4:05-10:20 Thu 3:50-7:10 The Right Kind of Wrong (14A) Fri-Thu 9:45 Romeo & Juliet (PG) Fri 2:40 Sat-Sun

12:35 Mon-Wed 2:45 Thu 2 Runner Runner (14A) Fri 3:35-5:55-8:15-10:45 Sat 5:55-8:15-10:45 Sun 1-3:20-5:45-8:05-10:20 Mon-Wed 2:35-4:55-7:15-9:40 Thu 2:35-4:55-7:15

Spartacus - Bolshoi Ballet (STC) Sun

We're the Millers (14A) Fri 1:40-4:15-7 Sat 10:55-1:30-4:15-7 Sun 4:15-7 Mon-Thu 1:35-4:15-7

SilverCity St. Vital 110-1225 St Mary's Rd

The Addams Family (STC) Sat 11 Captain Phillips (14A) Fri-Sat 1:25-4:25-7:30-10:45 Sun 1:15-4:20-7:30-10:25 Mon-Wed 1:55-4:40-7:40-10:30 Thu 4-7:15-10:20 Star & Strollers Screening Thu 1 Carrie (14A) No Passes Fri 3:10-5:40-

8:10-10:40 No Passes Sat 12:40-3:10-5:40-8:10-10:40 No Passes Sun 12:40-3:10-5:40-8:05-10:30 No Passes Mon-Thu 3:10-5:40-8:05-10:30 Cloudy With a Chance of Meatballs 2 (G) Fri 2:45 Sat 11:05-11:40-2:45 Sun-Wed 2:45 Thu 2:50 Cloudy With a Chance of Meatballs 2 3D (G) Fri 5:10-7:25-9:50 Sat 10:50-11:35-5:10-7:25-9:50 Sun 12:30-5:10-7:25-9:50 Mon-Wed 5:10-7:30-10

Thu 5:10-7:40-10 Despicable Me 2 (G) Fri-Sun 2 Mon-Thu 2:05

Don Jon (18A) Fri-Sat 3:35-5:50-8:05-10:25 Sun-Thu 3:35-5:50-8:05-

Escape Plan (14A) Fri-Sat 2-4:50-7:40-10:30 Sun 1:45-4:40-7:35-10:25 Mon-Wed 1:55-4:40-7:35-10:25 Thu 1:30-4:40-7:35-10:25

Gravity 3D (PG) Fri 3:20-5:40-8 10:35 Sat 1:05-3:20-5:40-8-10:35 Sun 1:05-3:20-5:40-8-10:15 Mon-Wed 3:20-5:40-8-10:20 Thu 12:55-3:20-5:40-8-10:15

Machete Kills (18A) Fri-Sun 7:35 10:10 Mon-Wed 7:40-10:10 Thu

Prisoners (14A) Fri 3:45-7-10:20 Sat 12-3:45-7-10:20 Sun 12:30-3:45-7-10:15 Mon-Wed 3:45-7-10:15 Thu 3:45-7-10:10

RiffTrax Live: Night of the Living Dead (STC) Thu 7 The Right Kind of Wrong (14A) Fri 3-5:20 Sat 12:35-3-5:20 Sun 4:10

Mon-Wed 3-5:20 Thu 2-4:20 Star & Strollers Screening Thu 1 Runner Runner (14A) Fri-Thu 4:30-

Spartacus - Bolshoi Ballet (STC) Sun 12:55

We're the Millers (14A) Fri 1:30-4:40-

7:20-10 Sat 10:55-1:30-4:40-7:20-10 Sun 1:30-4:40-7:20-10 Mon-Wed 1:55-4:30-7:20-10 Thu 4:40-7:20-10

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WEEKEND, October 18-20, 2013

SCENE 21

Murder he wrote: The top 10 craziest Stephen King deaths

Remaking Carrie isn't the worst idea — but some of these movie kills may be

METRO

The Running Man

Death: Buzzsaw to crotch.

Stuck in a violent reality show, Arnold Schwarzenegger is forced to kill, turning a guy named Buzzsaw's buzzsaw against him.

Killer catchphrase: "This saw is part of me. And I'm going

to make it part of you," the late Buzz-saw said.

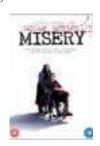


Misery

Death: Head trauma from pig.

Finally free after being kidnapped by "biggest fan" Annie, disabled author Paul jabs her eyes out, feeds her a burned book and, finally, bashes her head in with a cast-iron pig.

Killer catchphrase: "Eat it till you choke, you sick, twisted f—," Paul said to Annie.



The Mist

Death: Squeezed by tentacle.

After running away a lot from ... a mist, our heroes finally meet an alien octopus in a grocery store. It rips the chest off a stockboy and drags him into, well, the mist.

Killer catchphrase: "Oh s—, oh s—, oh s—," said by a guy in the store.



Thinner

Death: Murdered by strawberry pie.

Cursed by a gypsy, a fat lawyer loses weight, and his sanity, feeding his wife a cursed pie. The next morning, he wakes up beside her cursed corpse.

Killer catchphrase: "Is it strawberry? My favourite,' says the lawyer's wife.



Creepshow 2

Death: Eaten by an oil slick.

...on a lake, while high. Don't do drugs, kids.

Killer catchphrase: "It ate Rachel. It f—' ate her up. What is this thing?" said by a high kid.



Maximum Overdrive

Death: Killed by soda machine.

In a world where machines are evil, avoid the vending machine. It spits out cans real fast. Right into a baseball coach's head

Killer catchphrase: "Huh?" said by the coach right before a soda can hits him in the nuts.

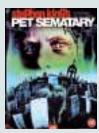


Pet Sematary

Death: Sliced, diced and chewed by zombie child

Back from the dead, little boy Gage attacks his elderly neighbour with a scalpel — slicing his heel, then his cheeks, before biting into his neck.

Killer catchphrase: "Come play with me daddy," said by the zombie child.



Carrie

Death: Burned by electrocution and fire.

Drenched in pig's blood after a prank at the school dance, vulnerable student Carrie uses telekinesis to lock the doors and set the place ablaze.

Killer catchphrase: "They're all gonna laugh at you," Carrie's mom said in a voice-over



Sleepwalkers

Death: Stabbed by corncob.

In a movie about mother-andson incestuous vampires who turn into bipedal werecats, a woman stabbing a sheriff in the back with a corncob makes perfect sense.

catchphrase: "No vegetables. No dessert," said by the crazy werecat mom.



Dreamcatcher

Death: Pooped out worm.

A big worm too. And it's an alien. The cast find themselves in very deep doo-doo.

Killer catchphrase: "What...do you want?" said the guy from Homeland.







metr⊕ **SCENE** metronews.ca WEEKEND, October 18-20, 2013



Cyndi Lauper still her Unusual self after 30 years

Still having fun. The Girls Just Wanna Have Fun singer talks about recording her first album and how her breakout hit almost wasn't even hers

HEALY

To celebrate the 30th anniversary of her breakthrough solo debut, Cyndi Lauper is not only performing She's so Unusual in its entirety, but she's also sharing stories that may make listeners exclaim that title phrase.

When I recorded She Bop I wanted the producers to run a wire from the control booth to the rehearsal room where Kiss had their stuff," she remembers. "I felt comfortable enough to sing freely because I was uninhibited and nobody was watching. ... So I wound up actually taking my shirt off to feel free, which is hard to explain to a man, because you grow up and you take your shirt off whenever you want and women can't so



that freedom you never feel as an adult."

The story even gets a little more unusual.

"Actually, I tickled my-self to make myself laugh," Lauper reveals with an echo of the laugh that's captured in the song.

"I mean it was so ridiculous I just started laughing. So that is the laugh on the song and then of course as soon as that album became popular and She Bop became popular then all of a sudden there's a lot of people laughing on their albums and I always used to think to myself, 'Well I know what I was doing, but what were they doing?

But what is probably most unusual about Lauper doing an Unusual tour at this point in her career is that she has achieved so much recently by looking forward.

She wrote the lyrics and music for the Broadway smash Kinky Boots, which won six Tony awards this

"With the success of the show on Broadway and the Tonys I feel like people actually do want to hear my new music, and I have a venue for it, so it doesn't feel like an oldies show that I have to do,' she says.

"This is the first time I've done anything like this and it will probably be the last. It's an interesting journey for me to look back.

Girls Just Wanna Have Fun was originally written and sung by a man, Robert Hazard, and the message of the song was quite misogynistic.

"I said, 'The way Robert recorded this, it's not gonna work," Lauper recalls telling her producer. "And he looked at me and said, 'Well, think of what it could mean. It could be an anthem.



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WEEKEND, October 18-20, 2013

SCENE 23

3 songs for the weekend



CHECK Alan Cross scene@metronews.ca

File this week's tracks under Numanoid, True Blood moonlighting and sinister incantations



I Am Dust/ Gary Numan

While he'll forever be remembered for songs like Cars, this track from his new Splinter album will explain why guys like Trent Reznor still love him.



Free Your Mind/Cut Copy

Australia's Cut Copy got True Blood star Alexander Skarsgård to appear as a creepy half-naked baptizer in this Primal Scream-like single.



The Call of the First Aethyr/Aleister Crowley

Back in the early 1900s, the infamous spiritualist recorded a series of incantations as wax recordings. They're now being reissued on vinyl just in time for Halloween. Be careful.

The Tenors. Win a chance to see the group perform in Vancouver



The Tenors have teamed up with Big Brothers Big Sisters. GETTY IMAGES

Want to see The Tenors live? Metro is giving you the chance to see the Canadian group perform in Vancouver. The contest comes as the musical foursome has teamed with Big Brothers Big Sisters of Canada to record the single I Thank You, with 50 cents of each digital song download going to support the organization

Big Brothers Big Sisters

highlights the importance of mentors in a child's life by providing volunteer opportunities to adults to be a friend and positive role model to Canada's youth.

Visit metronews.ca/scene to see a video of The Tenors performing I Thank You, and for a link to buy the single. For a chance to see them perform in Vancouver, go to clubmetro.com. METRO

Mind the App

Tap into Type: Rider



MIND THE APP Kris Abel @RealKrisAbel scene@metronews.ca

iPhone/iPad \$2.99

From religious text to movie posters to computer screens, this charming puzzle story turns the history of typography into an adventure of pitfalls, water wheels, cart rides and spike traps.







metronews.ca WEEKEND, October 18-20, 2013

Not nearly Time to say Goodbye ...

Q&A. Famous tenor and singer-songwriter Andrea Bocelli talks about loving each song equally and why his loyalty lies with Opera

SZONJA KREZINGER

Metro World News in Hungar

Well known Italian tenor and singer-songwriter Andrea Bocelli was born with poor eyesight and became blind at the age of 12 following a football accident. But since those early setbacks he found fame by winning the Newcomers section of the Sanremo Music Festival in 1994. Since gaining that platform he has recorded 14 solo studio albums and sold more than 80 million records worldwide and is still only 55. He took some time from his busy schedule to chat to

What do you like to sing

more? Opera or your pop songs?

My first encounter with music during my childhood was with the popular voices of the great interpreters of the 20th century — from Enrico Caruso to Beniamino Gigli; from Tito Schipa to Franco Corelli and Mario Del Monaco. When I was about 20, I started to perform pop (a genre of music I did not know before). I would then perform them in the venues where, to pay for my singing lessons, I used to play as a pianist. Basically, instead of comparing pop and classical music I prefer to distinguish between good and bad music. My preference is, however, for opera. It is something that I feel as written in my genes.

How does it feel to sing with pop stars like Jennifer Lopez when your real home is opera, not the pop business? I am honoured that Jennifer Lopez found time to record Quisaz Quisaz Quisaz, and also for the passion she has



put in it, turning it into a jewel, a small masterpiece. Jennifer's voice is a charismatic one having a soft sensuality. In a life I have dedicated to the pursuit of beauty, I think I have learned to read a voice as

if it were a book, ready to be flipped through to reveal its contents. So I think I can say I know a bit about the personality of those who express themselves by singing. Because the voice is a mirror to the soul.

love it. Therefore I could say that every time I perform a song, that one becomes my favourite one.

in it. In one word I must

What does Time to say Goodbye mean to you, besides the fact that this was the song that made your voice known all over the world?

I am grateful to that song and I am fond of it. Despite its having followed me for my entire pop career, I am still not yet tired of singing it.

Is there an orchestra you like to perform the most with?

I have had the good fortune to work with some of the most important orchestras in the world, each with its own characteristics, with a particular type of sound. I have learned something from each of them. Whenever I am in a theatre or in an arena and I am able to mix my voice with the sound of an orchestra, it feels as wondrous as if it was my first time performing.

Which of your own songs do

you like to perform the most?

Each song has its own story

and can arouse particular

emotions and many mem-

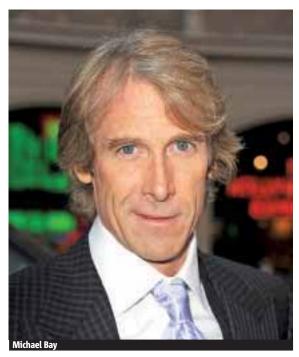
ories. In order to perform a

song at my best, I must first

make it mine. I must believe



metronews.ca WEEKEND, October 18-20, 2013 DISH



Transformers director fails to keep assailants at Bay during Hong Kong scuffle

Hong Kong has not been the most welcoming place for Michael Bay, who is in the city to film the fourth Transformers film. The director sustained injuries to the right side of his face after being attacked by two men, according to Reuters. The men reportedly claimed Bay owed them compensation for

filming in the Quarry Bay area. "When the movie crew was filming, one of the arrested persons was seeking (around \$13,264), leading to a scuffle. Another arrested person suddenly attacked him," a police statement reads. Bay did not seek treatment for his injuries, and filming continued following the arrests.



Between me, you and the world, I've tried every drug there is, says candid Elba

Idris Elba isn't shy about his personal history with drugs, telling Playboy it's quite extensive. "I'm not going to lie — I've tried everything, just between you, me and the people

who read this magazine," he says. "I've tried it all. I played one of the biggest drug dealers in the world on TV (on The Wire), so you think I'd know what I was talking about.'

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word





Nice try Elle, next time let Melissa show some skin!



WORD scene@metronews.ca

Oh! Hey! Elle put an overweight woman on their cover — the fantastically amazing Melissa McCarthy. Kudos to them! But sadly, they also covered her up so much on their annual Women in

Hollywood issue that it looks like she's wearing a sleeping bag. Think about it — they would have never let Sandra Bullock not show any skin. So, the public outcry has begun! But not without Elle defending their choice to style McCarthy in a Marina Rinaldi coat. "On all of our shoots, our stylists work with the stars to choose pieces they feel good in, and this is no different: Melissa loved this look, and is gorgeous on our cover," a spokesperson for Elle said in a statement. "We are thrilled to honour her as one of our Women in Hollywood this



Scent of a woman: Robert channels his inner Pacino when looking for a partner

When it comes to finding a woman attractive, Robert Pattinson trusts his nose. "It doesn't necessarily have to be perfume," he tells Portugal's Activa magazine. "I like the smell of people.

It is really strange and I'm sure it has to do with pheromones. We like people because subconsciously we like the way they smell. I always find this very interesting to observe."



The truth is Styles was Swift's silver medal

Taylor Swift famously dated and split from One Direction star Ĥarry Styles, inspiring the tune I Knew You Were Trouble, but according to a new report Styles was actually her back-up target within the popular boy band.

"Taylor had her eye on Zayn Malik," a source tells Life & Style magazine. "When Zayn found out she was interested, he turned her down.

That's when she swooped in on Harry.'



'Black Fish' and 'The Cove' should be watched before deciding to take your kids to any sea life parks.



@JuddApatow

Don't tell anyone but I don't like helping my kids with their homework. I worked so hard to get out of school. I don't want to do it again!

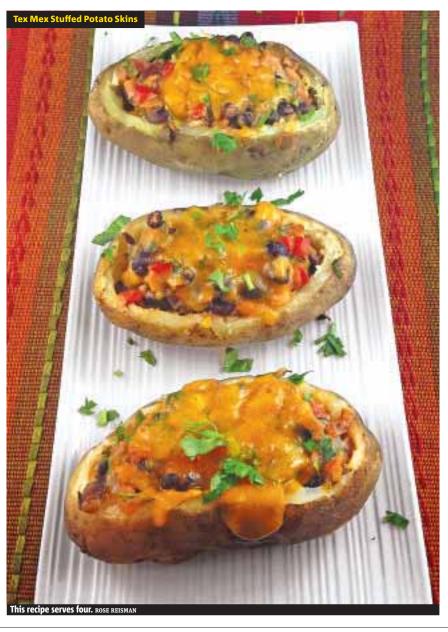


@MarkDuplass

Brooklyn autumn is so nice. Crisp air, leaves turning, a bunch of neurotic indie filmmakers impatiently waiting to hear from Sundance

WEEKEND metronews.ca WEEKEND, October 18-20, 2013

Stuff 'em, Tex Mex style





ROSE REISMAN follow her on twitter

Baked potatoes are a nutritious way to eat the vegetable. Removing the pulp and filling them with a Tex Mex bean and vegetable stuffing as well as some melted cheese creates a great vegetarian meal. You can also add some cooked ground beef or diced cooked chicken if you'd like.

Part of this dish can be prepared ahead by baking the potatoes up to a day in advance. All you have to do is complete the recipe just before serving.

- **1.** Preheat the oven to 450
- **2.** Wrap the potatoes in foil and bake directly on the oven rack for 45 to 50 minutes. Alternatively, prick each potato with a fork several times and microwave on High for 10 minutes or until soft.
- **3.** When the potatoes are cool enough to handle, carefully scoop out the flesh, leaving about 1/4 inch of potato and the skin intact.

Per serving:

- Calories: 317
- Protein: 11 g
- Fibre: 8.9 g
- Total fat: 11 g
- Cholesterol: 24 ma
- Sodium: 375 mg

Save the potato flesh for another purpose.

- **4.** Lightly coat a small skillet with cooking spray, add the oil and set over medium heat. Add the onion and sauté for 5 minutes. Add the red pepper, jalapeno and garlic, and sauté for 3 minutes or just until soft. Transfer to a large mixing bowl.
- **5.** Add the black beans, salsa, green onions and cilantro, and stir to combine. Fill the potato skins with the bean filling and sprinkle with the cheese. Bake for 10 minutes or just until heated through and the cheese is melted. Serve with sour

Ingredients

Prep time: 10 minutes Bake time: 60 minutes

- 4 russet potatoes
- 2 tsp vegetable oil
- 1 cup diced onion
- 1/2 cup diced red bell pepper 2 tsp finely chopped jalapeno
- 1 tsp finely chopped garlic
- 1 cup canned black beans, drained and rinsed
- 3/4 cup medium salsa
- 1/3 cup chopped green onions • 1/4 cup chopped cilantro
- 3/4 cup shredded aged ched-
- 1/4 cup low-fat sour cream

dar cheese



12 UNIQUE CONCERTS 33 UNIQUE **ARTISTS**

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Think that there's only one way to use a Halloween pumpkin?

Seasonal projects.

From bird feeders to vases, here are some creative ways to use that iconic squash

When is a pumpkin not a pumpkin? When it's a jacko'-lantern, sure, but Halloween's jolly orange elf can be so much more.

"For me, it's like my favourite time of year when you see them out in the marketplace," said Marcie McGoldrick, editorial director of holiday and crafts for Mar-

tha Stewart Living magazine. Whether outside or at a party, pumpkins are an "icon of the season that people really try to transform every year," she said. "It's always fun to see what people do.'

For the birds

Why should humans have all the pumpkin fun? Create bird feeders by poking holes along the pumpkin's sides for hanging with rope by a tree branch, or just leave one sitting on a fence post.

Pumpkin bowling Decorate butternut squash like bowling pins and set them up on grass to entertain kids.

Arm your young guests with a smaller variety, sugar pumpkins, leaving the stems on for easy slinging down the "lane," McGoldrick suggests.

"The stems are really strong and make it easy for kids, and the pumpkins will still roll.

Another great game for kids pumpkin leap frog, she

Pumpkin coolers

Cut a carving pumpkin open about a third down from the stem, or wide enough to accommodate wine, beer and soda.

Clean and fill with ice. Insert a plastic or glass bowl to prevent leakage or softening as ice melts.

Scoop and cut a wide hole

smaller holes with perches.

Live in deer country? They'd

appreciate a pumpkin, too.

Any birdseed would work.

or scoop, clean and cut

Carve out toothy jags

around the lip for effect.

You can paint the pumpkin ghostly white or spooky black and adorn with storebought webs crawling with faux spiders.

Pumpkin vases

Rather than cut, scoop and fill with ice, how about cutting, scooping and poking in your favourite seasonal flowers?

Try orange Chinese lantern flowers.

Or go for scary flourishes like faux flies and snakes wending through wilty blood red roses.

Fill with dirt and use a pumpkin as a planter that can go straight into the ground after a few days on Halloween duty.

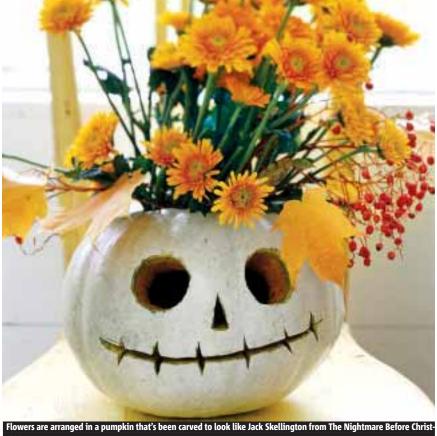
Arrange small pump-kins, colorful gourds, Indian corn and crunchy leaves in a windowbox.

Pumpkin servers

Cut, scoop, clean and brush insides with oil. Season and bake on a baking sheet as individual servers for soup. Or use them raw for crudites or candy.

Punch bowl?

Yes, with a regular bowl inside. McGoldrick said individual servings of stew might also be good in a seasoned, softened pumpkin bowl.



Pumpkin candle holders

Pumpkins are often set alight by votive candles, but try poking holes and turning them into candlesticks.

Or cut out the stem and nestle a little tea candle in the crook of an uncut pump-

Find a tall, narrow one and add an inexpensive glass hurricane top to be lit by a votive. THE ASSOCIATED PRESS







VISIT WINNIPEG'S CRAFTER'S INSTITUTION

The Scattered Seeds Christmas Craft Sale and Show, taking place at the Red River Exhibition Hall from Friday to Sunday, has become a crafter's institution in Winnipeg.

Deb Scwartz started the craft show in her living room more than 25 years ago, and it is still evolving with the times. This year, three of the founders have retired and Schwartz's daughter, Megan Neumann, has joined as part owner of the event.

"We're moving into new times and



Megan is going to bring a lot to the sale," Schwartz says, adding that her three former partners, Shelley Molitowsky, Eileen Zaharia and Lynda Verbong, will still help with the weekend-long festivities.

"It's thrilling to work with my daughter," she says. "It's an hounor to be able



to pass the torch to the next generation."

The craft sale has been a fixture in Neumann's life for as long as she can remember. Being part owner is something she finds both challenging and exciting.

"Scattered Seeds is renowned in the Winnipeg craft world — to see everyone exciting," the 24-year-old says.

Neumann says she is most excited for the future of Scattered Seeds, growing it as a company to possibly include other

Schwartz says having her daughter on board will add a fresh young feel to the show, adding that Neumann's experience in event planning has been invaluable in organizing this year's event. She credits her daughter for giving the website a new look, and for incorporating social media into the event.

The Scattered Seeds Christmas Craft Sale and Show takes place this Friday to Sunday at the Red River Exhibition Hall at 3977 Portage Ave. For more information, visit thescatteredseeds.com.



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Unlike previous years, the entertainment at the 18th annual Scattered Seeds Christmas Craft Sale and Show is solely musical.

One of the performers is local 21-year-old singer/songwriter Elessar Thiessen.

While he may be young, Thiessen is a veteran entertainer, writing and performing music since he was nine vears old.

"I'm bringing my loop station, and debating whether or not I want to bring my electric guitar," he says of his three Friday sets from 11 a.m. to 2:30 p.m.

"I'll probably bring my electric guitar, too."

Thiessen, who has a folky, pop, blues kind of sound, is hesitant to label his music style.

"Everyone has their own words for different styles of music," he says.

However, there is no getting around the fact that Thiessen has a sound and feel that has a lot of soul and exceeds his age. The most radio-friendly track on his CD, he says, is a song titled Be Just Like You, which is a tribute to his

Thiessen will have his latest CD,

Head, Heart, Hands, for sale during his set. However, if you don't catch him on the Scattered Seeds stage, you can still buy Head. Heart. Hands on iTunes.

The Darling Twig duo of Belinda Morales and Kristina Blackwood will be performing Saturday from 12:30-4 p.m., followed by Belle.

Like Thiessen, The Darling Twigs have a sound that exceeds their age. The pair have a vintage folky sound that is melodic and rich, while their voices complement one another perfectly.

Admission for the sale is \$6, which gives you access all weekend long.

For more, please visit thescatteredseeds.com.





SHOW FEATURES MANY CREATIVE ARTISANS

The Scattered Seeds Christmas Craft Sale and Show features the handiwork of some this province's most creative artisans every year. One of the gems setting up shop this year is local jewelry shop Reddline Jewellery.

Specializing in gemstones of all sorts, whether they are diamonds or beach stones, as well as non-toxic metals, Christopher Redd has been creating beautiful works of art since he was 18 years old.

Redd, a lapidary artist, says he found his passion for jewelry making after attending university, around the time he became a Christian. He likens the creation of jewelry to the biblical story about the potter and the clay.

"The potter takes this useless lump of clay and brings out the beauty and character in it," he says, adding that just like the stones he works with, or like all of us, after being crafted and shaped, the final product becomes something beautiful.

While most of the raw materials Redd uses are from Manitoba, there are some

items he imports from other parts of the world. However, since many countries don't have regulations for cutting and producing stones — meaning that people, including children, are exploited in the process — Redd is careful where he buys his materials.

"Because we are limited to what types of products and materials we have in Manitoba, we will buy Canadian diamonds," he says. "We will go to trade shows and buy products from other countries, often from families who mine them and bring them in. We make sure the stones we buy are ethically cut and conflict free."

Along with being ethically cut and conflict free, all Reddline Jewellery pieces are made from quality raw materials that are free from toxins like cadmium and lead.

Redd will be bringing some of his creations to the Scattered Seeds Christmas Craft Sale and Show at the Red River Exhibition Hall at 3977 Portage Ave.

For more, visit reddlinejewellery.com



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30 SPORTS metronews.ca WEEKEND, October 18-20, 2013

No walking cane for Kane

NHL. Jets forward not hurt badly, but may miss Friday's game

The Winnipeg Jets didn't know Thursday whether they'd have Evander Kane for the St. Louis Blues this week, but they were still relieved their star forward wasn't seriously injured.

"It turned out to be a day-today injury, not severe, let's put it that way," coach Claude Noel said after practice.

Kane went down during practice the day before, after getting tangled with Anthony Peluso on the boards, and had to be helped off the ice favouring his right leg.

It looked like Peluso fell on the leg and it might have been Kane's knee that was injured.

Noel said the left winger's status for Friday's game was uncertain but he hadn't been ruled out.

"Potential yes, we'll have to wait and see."

If he doesn't play, he will be missed. Kane has been one of Winnipeg's more reliable forwards this season, with three

AHL call-up

Right-winger Chris Thorburn was placed on the injury list on Thursday.

- The Jets have called up Patrice Cormier from the St. John's IceCaps in case he's needed.
- Whether he sees any ice time likely depends on who else is fit enough to play.

goals, two assists and a team-leading 34 shots on goal.

His energy and more physical game has seen him move from the second to the top line.

He isn't the only injured player as the Jets play their eighth game Friday. Winnipeg's forward lines in particular have been taking a beating over the intense early schedule.

Centres Bryan Little and Jim Slater missed practices this week for what Noel termed "maintenance," although he says it looks like both would be ready Friday.

THE CANADIAN PRESS



NFL

"I did not tell our players that they couldn't have sex."

New York Jets head coach Rex Ryan has provided plenty of memorable quotes during his four-plus years as coach of the New York Jets. This pear though might to those all New York

memorable quotes during his four-plus years as coach of the New York lets. This one, though, might top them all. Newly acquired Josh Cribbs said Wednesday he could tell how much Ryan wants to beat New England, telling his players to put off doing chores until next week. Some players mistakenly thought Ryan implied that sex was also on his banned "honey-do" list.

NFL. QBs Luck, Manning downplay matchup in Indy

The resumés of Andrew Luck and Peyton Manning are strikingly similar.

Their fathers both played in the NFL, they both finished as Heisman Trophy runners-up and were chosen No. 1 overall by the Colts.

So, as the two quarterbacks prepare to meet as opponents for the first time Sunday, they're trying to avoid all the natural questions and compari-

Quoted

"He's a heck of a quarterback."

Peyton Manning, on Andrew Luck.

sons. Not a chance this week.

"I never viewed it as replacing Peyton," Luck said.
"It just so happens one of the greats of all time was here before me." THE ASSOCIATED PRESS



Sidney Crosby, Jussi Jokinen and Chris Kunitz scored goals, leading the Pittsburgh Penguins past the Philadelphia Flyers 4-1 on Thursday night.

Evgeni Malkin added an empty-net goal in the final seconds.

Off to their worst start after eight games, the 1-7 Flyers are mired in last place in the conference.

THE ASSOCIATED PRESS





metronews.ca WEEKEND, October 18-20, 2013 **SPORTS**



Cards' Wacha wants one more big start

MLB. Cardinals look to rookie pitcher to put the Dodgers away in Game 6 of the NLCS

For four straight starts, Michael Wacha has been all but untouchable and appeared totally oblivious to the stakes.

The St. Louis Cardinals need one more just like that from the pressure-proof rookie to get to the World Series for the second time in three years.

Wacha outpitched NL Cy Young front-runner Clayton

Kershaw in Game 2 and the Cardinals won 1-0 on an unearned run to take a 2-0 series lead. They're matched again in Game 6 Friday night, the precocious right-hander and the lefty who'd be at the top of anyone's list to work a must-win.

This time, the Cardinals lead the Los Angeles Dodgers

just expect Michael to go out and do what he's done, just like the rest of our guys, manager Mike Matheny said. "Stick with what you've done all along the way, and don't ignore and don't deny the excite-

The Dodgers brought the series back to St. Louis by muscling up on offence, with Adrian Gonzalez hitting two of their four homers in a 6-4 Game 5 victory Wednesday.

Wacha is 2-0 with a microscopic 0.64 ERA in the postseason, allowing just six hits in 14 innings with 17 strikeouts. Counting his last start of the regular season, when he was one out shy of a no-hitter, make it 3-0 with an 0.42 ERA.

THE ASSOCIATED PRESS

Go to metronews.ca for coverage of the ALCS Game 5 between the Red Sox and Tigers.

Out of the shadows...

Runs figure to be hard to come by in Game 6, although pitchers won't have shadows as an ally with a 7:37 p.m. CDT start.

Game 2 had a late afternoon start with shadows creeping across Busch Stadium especially in the early innings and lights providing no real help, plus there was fatigue from the Cardinals' 13-inning win to open the series.

Herdman hoping women jell in cold of Alberta fall

One of John Herdman's World Cup goals for 2015 is to field the most resilient and connected

"This resilience training starts now," Canada's women's soccer coach said.

The Canadians face South Korea in Edmonton on Oct. 30, a friendly that gives the team a chance to test the stadium they'll open up their World Cup campaign, and test their resiliency in the Alberta cold.

"The players need to see

that it is part of the test to keep themselves focused on the task at hand," Herdman said on a conference call Thursday. "I'm hoping the warm reception of the crowd warms everything up for us; the more people we put in the stadium, the warmer

The Canadian team that will face South Korea features 13



"The only goal I have for Kara Lang is that we

aet her on

the pitch in 2015."

Canada coach John Herdman on Kara Lang who will participate in this month's training camp nearly three years after two torn ACLs forced her to walk away from the game

Olympic bronze medallists.

Star striker Christine Sinclair is one of the 13 who captured bronze for Canada at the 2012 Olympics, while 16-yearold Sura Yekka, a defender from Mississauga, Ont., earned her first call-up to Canada's senior squad after an impressive showing for the national under-20 side. THE CANADIAN PRESS

FIFA

Canadian men plummet in world soccer rankings

Canada fell to an all-time low in the FIFA rankings Thursday for the second straight month, dropping five positions to No. 111. The Canadians stand 12th in the CONCACAF region, which covers North and Central America and the Caribbean.

Going into the Honduras game at San Pedro Sula on Oct. 16, 2012, Canada was ranked 61st in the world and sixth in CONCACAF.

Today, the Canadian men stand a hair above No. 112 Antigua and Barbuda, whose population is some 90,000 compared to Canada's 35 million.

THE CANADIAN PRESS

MMJHL

Express rattle off victories early

The Transcona Railer Express are suddenly on a roll.

The 3-4-1 club in its second year of operation, and have already doubled their number of wins from last year's regular season when they went 1-42-2.

The St. Boniface Riels sit 8-0-0 after a 7-2 win over the Charleswood Hawks Tuesday night.

Friday night's action features the River East Royal Knights at the Stonewall Jets, the Seven Oaks Raiders at the Charleswood Hawks, the Ft. Garry/Ft. Rouge Twins hosting the St. Vital Victorias, and the Pembina Valley Twisters hosting the St. James Canucks in Morris.

SCOTT STOHL/FOR METRO



metr⊕ 32 **SPORTS** metronews.ca WEEKEND, October 18-20, 2013



Reilly looks for wins in lost season

Disappointing year.

The Eskimos' 3-12 record is one of their worst in franchise history

Mike Reilly has been one of the few positives in what is one of the worst seasons in Edmonton Eskimos history, yet the 27-year-old says the team's final three games are crucial for future of the franchise, the team and for himself.

With games remaining against three western rivals, beginning Friday evening at home against the Calgary Stampeders, the Eskimos designated quarterback of the future says it's critical

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"We need to have success these next three games to give everybody something to get excited about next year"

Mike Reilly, Edmonton Eskimos guarterback

the team does not "roll over

"It's important we compete and get some wins," he said. "It's tough to not fall into that mentality of things are lost and to hang your head. It's like when a game is over and you've lost, you have to flush it and not dwell on it. Yeah we haven't had much success. But if we dwell on that we're never

going to get better."

Reilly, who has started every game this season, says the 3-12 Eskimos have to treat the remaining games as playoffs "and try to get as hyped up for them as we can.'

"Treat them as the most important games of the season because honestly, for the future of this franchise, for the future of this team, we need to approach it like that. We need to have success these next three games to give everybody some-thing to get excited about for next year."

The native of Kennewick, Wash., vows he'll personally be fighting every down until the end of the season because his job, like everyone else's on the team, is on the line.

THE CANADIAN PRESS

NFL

Trestman and **Cutler have** offensive formula

New Chicago Bears coach Marc Trestman was trying to learn all he could about quarterback Jay Cutler in the early going.

So why not ask Mike Shanahan?

Trestman had a chance at

the NFL combine this past spring and took advantage. Now, Cutler's having his best season in years, and the Bears are tied for the NFC North lead heading into Sunday's game against Shanahan's Washington Redskins.

How good has Cutler been?

His rating this season is 95.2, compared to 84.0 for his career coming into this season, and it's been below

90 in just one game so far. With 1,630 yards, he's on pace to throw for 4,347.

He has 12 touchdown passes and six interceptions, the best ratio of his career, and it looks like the Bears are getting the answer they wanted to one of the biggest questions coming into the season: Can Trestman get the most out of his quarterback?

So far, the answer appears to be yes.

THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GΑ	Pt		GP	W	L	OTL	SL	GF	GΑ	P
d-Pittsburgh	7	6	1	0	0	27	16	12	d-San Jose	6	6	0	0	0	30	9	1
d-Toronto	8	6	2	0	0	29	19	12	d-Colorado	6	6	0	0	0	21	6	1
Detroit	7	5	2	0	0	18	16	10	Anaheim	6	5	1	0	0	21	14	1
Tampa Bay	7	5	2	0	0	26	16	10	Vancouver	8	5	3	0	0	23	22	1
Carolina	8	3	2	1	2	18	23	9	Chicago	6	4	1	0	1	18	15	
Montreal	6	4	2	0	0	20	10	8	Phoenix	7	4	2	1	0	20	21	
Boston	6	4	2	0	0	15	10	8	St. Louis	5	4	1	0	0	21	13	1
NY Islanders	7	3	2	0	2	22	19	8	Calgary	6	3	1	1	1	20	20	1
Ottawa	6	2	2	1	1	15	19	6	Los Angeles	7	4	3	0	0	17	19	- 1
Columbus	5	2	3	0	0	12	12	4	Minnesota	8	3	3	1	1	18	20	1
NY Rangers	6	2	4	0	0	11	25	4	Nashville	6	3	3	0	0	13	18	-
Washington	7	2	5	0	0	17	24	4	Winnipeg	7	3	4	0	0	17	19	-
Florida	8	2	6	0	0	18	31	4	Dallas	5	2	3	0	0	11	14	-
New Jersey	6	0	3	1	2	11	21	3	Edmonton	8	1	6	1	0	23	35	
Buffalo	9	1	7	1	0	11	24	3	d — divisior	ı lea	der;	Х	– cli	nche	d pla	ayoff	
Philadelphia	8	1	7	0	0	11	24	2	berth. Note	— d	ivis	ior	ı lead	lers	rank	ed in	top

Thursday's results

Vancouver 3 Buffalo 0 NY Islanders 3 Edmonton 2 Carolina 3 Toronto 2 Pittsburgh 4 Philadelphia 1 Tampa Bay 3 Minnesota 1 Boston 3 Florida 2 Columbus at Montreal New Jersev at Ottawa Los Angeles at Nashville St. Louis at Chicago San Jose at Dallas Detroit at Colorado

Wednesday's results

NY Rangers 2 Washington 0 Anaheim 3 Calgary 2

Friday's games All Times Eastern

St. Louis at Winnipeg, 8 p.m. Phoenix at Anaheim, 10 p.m.

Saturday's games

Vancouver at Pittsburgh, 1 p.m. Edmonton at Ottawa, 2 p.m. Colorado at Buffalo, 7 p.m. Minnesota at Florida, 7 p.m. Nashville at Montreal, 7 p.m. Toronto at Chicago, 7 p.m. Boston at Tampa Bay, 7 p.m. NY Rangers at New Jersey, 7 p.m. Columbus at Washington, 7 p.m. Carolina at NY Islanders, 7 p.m.

WESTERN CONFEDENCE

			MF21FK	N (U.	N	FKI	ΕN	LE		
F	GA	Pt		GP	W	L	OTL	SL	GF	GA	Pt
7	16	12	d-San Jose	6	6	0	0	0	30	9	12
9	19	12	d-Colorado	6	6	0	0	0	21	6	12
8	16	10	Anaheim	6	5	1	0	0	21	14	10
6	16	10	Vancouver	8	5	3	0	0	23	22	10
8	23	9	Chicago	6	4	1	0	1	18	15	9
0	10	8	Phoenix	7	4	2	1	0	20	21	9
5	10	8	St. Louis	5	4	1	0	0	21	13	8
2	19	8	Calgary	6	3	1	1	1	20	20	8
5	19	6	Los Angeles	7	4	3	0	0	17	19	8
2	12	4	Minnesota	8	3	3	1	1	18	20	8
1	25	4	Nashville	6	3	3	0	0	13	18	6
7	24	4	Winnipeg	7	3	4	0	0	17	19	6
8	31	4	Dallas	5	2	3	0	0	11	14	4
1	21	3	Edmonton	8	1	6	1	0	23	35	3
1	24	3	d — division	ı lea	der;	Х	— cli	nche	d pl	ayoff	
1	24	2	berth. Note	— d	ivis	ior	ı lead	lers	rank	ed in	top

Calgary at San Jose, 10 p.m. Dallas at Los Angeles, 10:30 p.m.

Sunday's games

Vancouver at Columbus, 6 p.m. Dallas at Anaheim, 8 p.m. Nashville at Winnipeg, 8 p.m.

MLB PLAYOFFS

LEAGUE CHAMPIONSHIPS

(Best-of-7 series)

AMERICAN LEAGUE BOSTON (1) VS. DETROIT (3)

(Series tied 2-2) Thursday's result **Boston at Detroit**

Wednesday's result Detroit 7 Boston 3

Saturday's game
Detroit (Scherzer 21-3) at Boston (Buchholz 12-1), 4:37 p.m.

NATIONAL LEAGUE

ST. LOUIS (1) VS. L.A. DODGERS (3)

(St. Louis leads 3-2) Wednesday's result L.A. Dodgers 6 St. Louis 4 Friday's game — All times Eastern L.A. Dodgers (Kershaw 16-9) at St. Louis (Wacha 4-1), 8:37 p.m. Saturday's game

x-L.A. Dodgers (Ryu 14-8) at St. Louis (Wainwright 19-9), 8:37 p.m

CFL

EAST							
	GP	W	L	Т	PF	PA	E
x-Toronto	15	9	6	0	425	394	1
x-Hamilton	15	8	7	0	384	401	1
Montreal	15	6	9	0	376	419	1
Winnipeg	15	3	12	0	313	486	

WEST							
x-Calgary	15	12	3	0	486	349	2
x-Saskatchewan	15	10	5	0	433	325	2
x-B.C.	15	9	6	0	421	390	1
Edmonton	15	3	12	0	349	423	
v — clinched al	avot	f ho	rth				

x — clinched playoff berth. **Friday's game — All times Eastern**Calgary at Edmonton, 9 p.m. **Saturday's games** Toronto at Winnineg, 3:30 n m

B.C. at Saskatchewan, 7 p.m Sunday's game Hamilton at Montreal, 1 p.m.

NFL

Thursday's result Seattle at Arizona
Sunday's games
Cincinnati at Detroit, 1 p.m.

San Diego at Jacksonville, 1 p.m. St. Louis at Carolina, 1 p.m. Chicago at Washington, 1 p.m. New England at N.Y. Jets, 1 p.m. Buffalo at Miami, 1 p.m. Dallas at Philadelphia, 1 p.m. Tampa Bay at Atlanta, 1 p.m. San Francisco at Tennessee, 4:05 p.m. Cleveland at Green Bay, 4:25 p.m. Houston at Kansas City, 4:25 p.m. Baltimore at Pittsburgh, 4:25 p.m. Denver at Indianapolis, 8:30 p.m.

Monday's game Minnesota at N.Y. Giants, 8:40 p.m.

MLS

Wednesday's result Los Angeles 1 Montreal 0

Friday's game — All times Eastern D.C. at Kansas City, 8 p.m. Saturday's games

Philadelphia at Montreal, 2 p.m. Seattle at Dallas, 2:30 p.m. Vancouver at Colorado, 6 p.m. Columbus at New England, 7:30 p.m. Toronto at Chicago, 8:30 p.m. Salt Lake at Portland, 10:30 p.m.

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FOR DETAILS CALL

Dos Santos sequel unlikely after Saturday: Velasquez

UFC 166. Heavyweight champion says three bouts could be enough to settle the score

UFC heavyweight champion Cain Velasquez and Junior Dos Santos will meet for the final fight in their heavyweight trilogy Saturday night in UFC 166.

And whatever the outcome, Velasquez says he won't fight Dos Santos again — at least not anytime soon.

Velasquez says: "I think it will be settled for a while."

Velasquez reclaimed the belt from Dos Santos with a decisive unanimous decision in UFC 155 in December. Dos Santos took the title from Velasquez in the first meet-



ing in November 2011 with a knockout in 64 seconds.

Dos Santos says he made a lot of mistakes in the last fight and that he used those to learn from as he prepared for Saturday's bout.

The past fights are going to help me a lot because I learned from that," Dos Santos said. "I think the biggest challenge is going to be to stop him. He walks forward all the time and we have to take care of that."

Velasquez is looking to guard against Dos Santos landing that one big punch because he believes that's the only way Dos Santos can win. Seven of Dos Santos's victories in the UFC have come by knockout, which is tied for second-most in heavyweight history.

The Brazilian-born Dos Santos is a big fan of boxing and hopes Saturday's fight helps this trilogy live up to some of the fabled trilogies in boxing history. The associated press





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ADESA Winnipeg has been serving the automotive industry in Manitoba for over 45 years. Formerly a dealer only auction, recently **ADESA** has been expanding its business to include the general public, offering our unique service as a means of selling unneeded vehicles and equipment quickly and safely. **ADESA** Winnipeg is also known for its philanthropic efforts including participating in countless charity auctions throughout the calendar year in support of a wide range of causes.

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Everyone at some point is looking to sell or donate their used cars, trucks, minivans, boats, ATVs, recreational vehicles, and construction equipment. **ADESA** Winnipeg offers that opportunity for the public to sell their vehicles (units).

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THAN AN AUCTION... MOR

20

↑ Aries

March 21 - April 20 You will get what you ask for

today so make sure you really want it. No matter how outrageous your request, the lunar eclipse in your sign will grant it for you. Does that get your imagination jumping?

Taurus April 21 - May 21

You will gain in some way today, maybe financially. However, the eclipse warns that what you get may be transitory in nature, so don't get too attached to it. If it's easy come it

II Gemini May 22 - June 21

could also be easy go.

You won't be short of ideas or self-belief today. You may, however, be short of the kind of foresight that can save you from making a wrong turn. Make a point of looking ahead.

9 Cancer

June 22 - July 23

Employers could give you grief today, especially if they sense that you are none too sure of yourself. Visualize yourself as strong and capable. It may be an act but you can pull it off.

$\mathbf{\Omega}$ Leo July 24 - Aug. 23

You have wasted too much time and energy on someone who is clearly not going to play ball, so cut them out of your life completely. That may seem a harsh but it's all or nothing.

M Virgo Aug. 24 - Sept. 23

Make a serious effort to resolve any differences of opinion you may have with colleagues. Not only will it make life easier for you on a day-to-day basis but it could also have some very welcome financial results.

△ Libra

Sept. 24 - Oct. 23

The lunar eclipse in your opposite sign will bring an edge to partnerships and you may want nothing more than to get away from awkward people for a while. So what's stopping you? Just go.

M Scorpio Oct. 24 - Nov. 22

For some strange reason you see plots and conspiracies wherever you look at the moment but are any of them likely to be real? No they aren't.

₹ Sagittarius Nov. 23 - Dec. 21

Today's eclipse won't mess things up for you as much as it does for others but you need to take care. Above all, don't get emotional about issues that are of little importance in the greater scheme of things.

り Capricorn Dec. 22 - Jan. 20

The quicker you come to a decision about some kind of domestic matter, the more likely it is to be wrong. To be blunt, your senses, including your sixth, are all over the place at the moment so hold fire.

Aquarius Jan. 21 - Feb. 19

You know where you want to be but you can't work out how you are going to get there from where you are now. Once today's eclipse begins to wane the way ahead will be clear.

H Pisces Feb. 20 - March 20

Someone will come to you with a sob story and, of course, you will do what you can to make them feel better. But don't give them money or you may never see it again. Be nice but be smart too. SALLY BROMPTON

Crossword: Canada Across and Down

19

44

63

68

1. Test product 5. Chips ! (Chocolate chip cookie) 9. "I Fine" by The Beatles

Across

13. Toronto-born actor Mr. McCormack

14. Read: French 15. Canadian poet, Al

(b.1918 - d.2000) 16. Formerly, fancily 17. Taj Mahal's site

18. Kind of bay window 19. Somewhat, in

music 20. __-tip marker 22. Hydrocarbon suffix

23. Swill 24. On the line: 2

wds. 26. Gunpowder

component 28. Shake up 32. Long ago time

34. And so on, plurally [abbr.] 36. Fuzzy fruits 37. 1994 movie for

Canadian stars Sandra Oh and Callum Keith Rennie: 2 wds. 41. Mother-of-pearl 42. James of "Misery"

(1990)43. No, to a Scot 44. Eno = __ brand

47. "The Price Is 49. Doorkeeper 51. Sugarloaf hit: 'Green-__Lady'

54. Will Ferrell comedy, "__ School" (2003)

57. Leisurely walk 58. In the distance

59. Question 61. Wheel shaft

62. Automatic 63. Extinct birds

64. Suit accessories

65. Litigates

66. Slow-cooked meal 67. Tubular water denizens

68. Sea eagles [var. sp.]

Down

1. Oceanic abysses 2. Mr. Flynn of swashbucklers

28

3. Wrongdoing 4. Eight-armed sea dwellers

5. Individually, as on menus: 3 wds. 6. Like many modern

gadgets 7. Root used in perfumes

8. Bread ingredients

9. Fido's coat 10. Port city in Pennsylvania

11. Old Testament place

58

62

12. Country singer

Mr. Lovett 15. Walter Ostanek, 'Canada's

See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN 21. All-you-can-

(Restaurant style) 25. Daughter on "The Waltons"

27. Shows TV shows

29. Kiefer Sutherland

TV series ...when spelled-out

30. Ms. Kudrow 31. 'Fin' finisher

(Tactfulness)

32. Turnblad, role in "Hairspray" (2007)

33. __\$hark 35. Cul-de-

38. Show off 39. The 49th

40. Without hurt

45. "The Addams Family" cousin

46. Lessen the value

48. Coffin-carrying car 50. Spunk

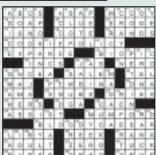
52. Polished off, as food

53. Madonna song: You Up" 54. Gambler's

chances 55. Plunder

56. "__, Where's My Car?" (2000)

60. and arrow



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

2	3	9	8	4.	1	6	5	7
4	6	5	2	7	9	3	8	1
1	8	7	3	5	6	2	4	9
8	5	2	7	9	3	1	6	4
9	1	3	5	6	4	7	2	8
7	4	6	1	8	2	9	3	5
3	7	4	8	1	5	В	9	2
5	2	8	9	3	7	4	1	8
6	9	1	4	2	8	5	7	3



TODAY

MIN: -1°

SATURDAY

MIN: -4'

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